



GRAND VIEWPOINTS 2024

Message from the Administrator

Dear Residents, Families and Friends,

Welcome to the May edition of Grandview Lodge's Long-Term Care Resident and Family Newsletter! As May arrives, get ready to see colorful flowers bloom and breathe new life into the air, just like they say, "April showers bring May flowers." Here are the latest updates we're excited to share with you!

We're excited to welcome Melissa Baisley aboard as our new Supervisor of Programs and Support. Bringing with her over 18 years of invaluable experience in long-term care, Melissa holds a Recreation Therapy Diploma from Canadore College and is certified in Leadership and Communications in Project Management from McMaster Centre for Continuing Education. Her wealth of expertise, enhanced through her recent position as Program Manager at Haldimand-Norfolk Senior Support Services, as well as her background as a Recreationist and Personal Support Worker, reflects her unwavering commitment to providing exceptional senior care both in the community and within long-term care.

Melissa's passion for transformative leadership and her commitment to excellence resonate perfectly with our mission, vision, and values at Grandview Lodge. Her commitment to community service, showcased by her volunteer efforts and years spent as a Volunteer Fire Fighter, highlights her strong dedication to serving her community.

We're confident that Melissa's extensive knowledge and diverse skill set will greatly enhance our programs and support services. Please join us in extending a warm welcome to Melissa as she officially joins our team on May 6th, 2024.

On April 1st, the Ministry of Long-Term Care announced an increase in funding for long term care homes. I'm excited to announce that we will be receiving a 6.6% increase for the 2024/2025 fiscal year. **Here is the breakdown of the 6.6% increase:**

General Envelope	2023-24 Per Diem (\$)	2024-25 Incremental Increase (\$)	2024-25 Per diem (\$)	% Increase
Nursing and Personal Care (NPC)	105.96	4.45	110.41	4.2%
Program and Support Services (PSS)	12.48	0.42	12.90	3.4%
Nutritional Support (NS)	12.07	1.00	13.07	8.3%
Other Accommodations (OA)	57.65	6.83	64.48	11.8%
Global Per Diem	7.53	0.26	7.79	3.4%
Total LOC Per Diem	195.69	12.96	208.65	6.6%
Convalescent Care Beds	98.28	3.33	101.61	3.4% (N/A)

The funding allocated to Grandview Lodge serves a crucial role in ensuring the sustained quality of care for residents. It enables Grandview Lodge to navigate various financial pressures, including inflationary increases in staff wages, equipment costs, and supplies, while also addressing the rising acuity levels among residents. Additionally, this funding supports the provision of nutritious meals tailored to residents' dietary needs and helps manage the escalating costs associated with accommodation services. Furthermore, this financial support enables Grandview Lodge to better align with legislated targets for direct hours of care, ultimately enhancing the overall quality of care delivery and resident well-being.

It's incredible how quickly April has passed, but we're eagerly anticipating the warmer months ahead and the chance to enjoy some refreshing outdoor activities. A huge thank you to everyone who contributed to the unforgettable Solar Eclipse event on April 8th. It truly was a remarkable occasion. We invite you to browse through some of the photos captured during the event, featuring our residents, staff, and families. Remember, if you have any issues, concerns or compliments that you would like to share with me please do not hesitate to reach out.



Nursing & Personal Care Services

Nurses' week falls on the week surrounding May 12th every year in honour of the birthday of nursing pioneer Florence Nightingale. This year nurse's week is May 6th, 2024 – May 12th, 2024.

During Nursing Week, it is an opportunity to celebrate the dedication, expertise, and achievements of registered nurses (RNs), registered practical nurses (RPNs) and nurse practitioners (NPs.) The theme for ONA this year is "We are not an option. We are a necessity". Here at Grandview Lodge, we know the vital role nurses play in our health-care system, and the risks we all face if we don't address the need to recruit and retain these highly skilled professionals.

Along with nurses we want to recognize the ever-changing and increasing scope of other healthcare professionals providing direct care and assistance to our Residents in Long-Term Care.

May 19th, 2024 is Personal Support Worker Day; an opportunity to celebrate and acknowledge the vital contributions of Personal Support Workers (PSWs) to Ontario's most vulnerable residents. PSWs comfort palliative residents in the middle of the night when no one else is around. They hold the hands of residents when family can't be at their side. They ensure that thousands of Ontarians are cared for with comfort and compassion in their homes. They allow nurses to focus on complex needs of residents, knowing that a resident's living needs are in good hands. PSWs assist residents with daily living activities, such as hygiene, meals, and mobility, and work as part of interdisciplinary care teams. They perform their jobs with empathy and care, so that the people they support can live with dignity.

During the month of May please give extra thanks to the nurses and PSWs you pass by in the Home. Let them know we appreciate all they do for the Residents' health and well-being.

Debbie Marks, Director of Nursing

Charlotte Hutchinson, Associate Director of Nursing

dmarks@haldimandcounty.on.ca

chutchinson@haldimandcounty.on.ca



Infection Prevention and Control



World Hand Hygiene Day

May 5th

Hand hygiene relates to the removal of visible soil and the removal or killing of transient microorganisms from the hands, it may be accomplished using an alcohol-based hand rub or soap and running water. Hand hygiene saves millions of lives every year when performed at the right moments during health care delivery. Clean care is a sign of respect to those who seek care, and it protects those who provide that care.

FACTS

- Hand Hygiene reminder signs increase frequency and length of hand-washing
- Hand Hygiene should last for 15 seconds or more
 - Most people only wash their hands for 6 seconds
- Hand Hygiene is the most cost-effective health action to reduce disease
- Our fingertips will have more than two million bacteria's and other microorganisms
- Around 80% of disease-causing germs are transmitted through our hands
- Hand Hygiene prevents up to 50% of avoidable infections acquired during health care delivery

Grandview is calling on everyone in the home to accelerate progress at achieving effective hand hygiene at point of care!



SAVE LIVES – Clean Yours Hands

Taylor Reichheld, IPAC Coordinator

reichheld@haldimandcounty.on.ca

Environmental Services

Welcome Spring!! It looks like the April showers really did make way for the May flowers! I hope everyone takes advantage of our beautiful courtyards by taking a stroll, watching the birds and allowing yourself to feel at peace.



We are staying diligent with the cleaning of our home, with additional cleaning when in outbreak situations. Our staff want to keep the germs at bay so that Residents and staff are safe and healthy.

I believe most families have helped their loved ones pack up their warmer clothes and swapped out for the less heavy clothing for spring. With limited space we recommend only having 7 sets of clothing on site. A reminder if you see the name labels falling off or becoming worn and hard to see names, please connect with Jodi Walsh, Resident Services Clerk, to have them sent to our laundry department for relabeling.

Kristen VanKuren

Supervisor of Laundry, Housekeeping and Dietary Aides

kvankuren@haldimandcounty.on.ca

Facility Operations

10 tips for staying safe in the garden.

1. Check the ground below- it is a good idea to know where you're digging!
2. Wear Gloves- Garden gloves are one of the best ways to protect yourself when gardening in your yard.
3. Warm up Exercises- In the same way an athlete does before any physical activity, you should warm up before digging in the garden.
4. Avoid Repetitive Motions- Changing your activities throughout gardening can allow you to work different muscle groups, helping to prevent muscle strain.
5. Banish Back Bending- Kneeling instead of bending will put less strain on your back if done correctly and may be a better option for activities like weeding. For extra comfort, consider wearing kneepads.
6. Check Your Lifting- When lifting objects, especially heavy ones, experts recommend to engage your legs and knees not your back.
7. Block The Sun- Put on a wide-brimmed hat to keep the sun off your face, head, ears, and neck. And wear sunscreen.
8. Watch Out for Pests- You can use insect repellent to keep pesty pests away and prevent insect bites.
9. Protect Your Eyes- Wearing eye protection will prevent from dust, dirt or large particles as you garden.
10. Stay Hydrated- Gardening doesn't seem like it is a very arduous task, but it can take a toll on the body. As a result, it can leave you parched. Ideally, you should start drinking plenty of water before going outside

Steve Durk, Supervisor of Facility Operations

sdurk@haldimandcounty.on.ca

Accounts Clerk

Rate Reductions: This is a friendly reminder that Notice of Assessments for the 2023 Tax Year are needed by **June 1, 2024**. In addition to Notice of Assessments, we ask that anyone who is receiving Guaranteed Income Supplement (GIS) or Guaranteed Annual Income System (GAINS), please bring in their rate letters as the Ministry is making accommodations for that amount.

If you have any questions or need clarification, please connect with Kayla White, Accounts Clerk, for more information.

Kayla White Accounts Clerk ext. 2222

kwhite@haldimandcounty.on.ca

Dietary Services

During the month of May, we are excited to celebrate several National Food Holidays!

- May 5th – Cinco de Mayo
- May 8th – National Coconut Cream Pie Day
- May 10th – National Shrimp Day
- May 12th – Mother's Day
- May 13th – National Apple Pie Day



- May 15th – National Chocolate Chip
- May 17th – National Pizza Party Day
- May 26th – National Blueberry Chee: Day
- May 28th – National Hamburger Day
- May 31st – National Macaroon Day

Mother's Day Lunch Menu selected by Resident's Council

Chicken Soup with Vegetables & Rice		Western Style Quiche
Roast Beef		Garden Salad with 1000 Island Dressing
with Mashed Potatoes & Gravy	OR	Dinner Roll with Butter
Glazed Baby Carrots		Mandarin Oranges
Yorkshire Pudding		
Strawberry Shortcake		

Please see Jodi Walsh, Resident Services Clerk, at reception to purchase meal tickets and enjoy a special meal with your loved one.

Every month, we like to include information related to Food & Food

Service. This month, we wanted to provide additional information about **Hand Hygiene**. Hand hygiene relates to the removal of visible soil and remove or killing of microorganisms from the hands. Hand hygiene is vital to keep everyone safe.



Methods of Hand Hygiene

1. **Soap & Water**-Preferred when hands are visibly soiled
2. **Alcohol-Based Hand Sanitizer**-70 to 90% alcohol-based hand rub is preferred

When to Complete Hand Hygiene

Performing hand hygiene is required throughout the day. It is imperative that it is completed during meal preparation, as well as during meal service and snack service.



Meal Preparation

- Before touching food and after touching soiled utensils, pots and pans.
- In between handling raw foods and ready to eat foods.



Meal Service

- Before entering the dining room and before touching dishes or utensils to set the table.
- After touching soiled dishes, glasses, cups or utensils.
- Before assisting a Resident with eating or drinking.
- After assisting a Resident with wiping mouth or hands.
- After the meal service and after assisting Residents to go back to their rooms.



Snack Service

- Before entering a Resident's room and assisting them with their beverage and snack.
- After touching soiled utensils and cups.

Resident Hand Hygiene

All Residents should be assisted with hand hygiene:

- Before and after meal service
- Before and after snack service
- Use disposable, alcohol-based hand wipes or hand sanitizer
- Some Residents may require cueing to massage hands together until solution is dissolved

Remember, hand hygiene will not only protect yourself, but everyone else around you!

Taryn Lynn, Supervisor of Dietary Services

tlynn@haldimandcounty.on.ca

Programs & Support:

With spring in the air, it seems the perfect time to come together and try new things! Ashley Mellen, Social Service Worker, is planting seeds to grow the Grandview community for Residents and family members in the following ways:

The **Golden Guys Men's Social Group** will be getting together every Wednesday in the Gathering Room to share some stories, get to know each other and have a few laughs!

Additionally, the **Caregiver Connections** is an education and support group for family/caregivers! Caregiver Connections will include presentations and discussions about relatable topics and is a platform for family caregivers to share experiences, ask questions and get to know other caregivers, too!

For more information, please connect with Ashley Mellen, Social Service Worker at amellen@haldimandcounty.on.ca or by phone at 905-774-7547 ext. 2251



Grandview Lodge
Golden Guys

Please join us for our new
MEN'S SOCIAL GROUP!

1st Wednesday of the Month
2:00 - 3:00 PM
Gathering Room

The poster features an illustration of five diverse elderly men standing together. One man is using a cane, and another is holding a briefcase. They are all smiling and appear to be in a cheerful mood.



NEW
Caregiver Connections
Family Caregiver
Education and Support Group

Please join us for an opportunity to share your experiences, and learn from other family caregivers.

Each session will include an educational presentation and discussion facilitated by Grandview Lodge Social Service Worker, Ashley Mellen.

Topic: Navigating the Transition to Long Term Care
Date: Thursday May 23, 2024
Time: 6:00- 7:30 PM
Location: The Boardroom

To register or learn more, please contact Ashley Mellen at ext 2251.

The poster has a light blue background with a floral pattern. A pink starburst graphic with the word 'NEW' is in the top left corner. The text is arranged in a clear, readable layout.

Ashley Mellen, Social Service Worker
amellen@haldimandcounty.on.ca

LifeMark Seniors Wellness—Physiotherapy:

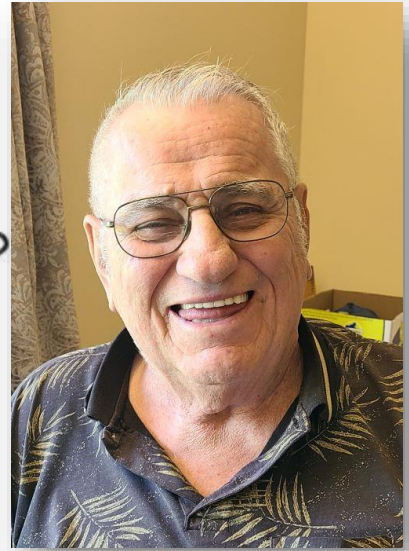
Delaney Maclean, Full Time Physiotherapy Aide, has accepted a position in an outpatient clinic close to home. We thank Delaney for her hard work and dedication to Residents of Grandview Lodge and wish her the best on her new endeavor! Taylor Hunt will be assuming Delany's full-time PTA position and Kylie Ohliger will assume Taylor's part-time PTA position. Physiotherapy services will continue as usual. Be sure to say hello to our new members!

Grandview Lodge would like to give a huge **THANK YOU** to Tom Henderson of Bridgeview!

Tom is a very talented artist with a passion for colouring. This month, Tom agreed to help us spruce up our lobby by colouring a few spring pictures for our lobby placards.

Please take a moment to enjoy Tom's artwork, and a few jokes, the next time you are in the lobby.

Thanks Tom!



What do you call a bear stuck in the rain?



A drizzly Bear.

WHAT'S HAPPENING IN HILLVIEW

Spring is in the air and the residents in Hillview have been busy prepping for the nice weather ahead! In the Men's Shed the men from Hillview and Bridgeview have been working on their pallet garden, squirrel feeder picnic table and tending to their seedlings, getting them ready for planting.

The ladies planted flowers by seed with plans to do potted arrangements to add colour to the outdoor tables!

The residents enjoyed watching the Solar Eclipse on April 8th! Some took in the view from outside in the designated viewing area, while others watched it streamed in from Niagara Falls while enjoying some "Eclipse" themed food, such as half-moons, galaxy punch, and sun chips to name a few.



Lunch outings have resumed again now that the nicer weather is upon us and the Residents enjoyed lunch at Squires Pizza with our neighbour home area, Bridgeview on April 4th.

As the weather continues to warm up, we are looking forward to spending time outside.



RESIDENT FEATURE: MARK BLACKIE OF BRIDGEVIEW

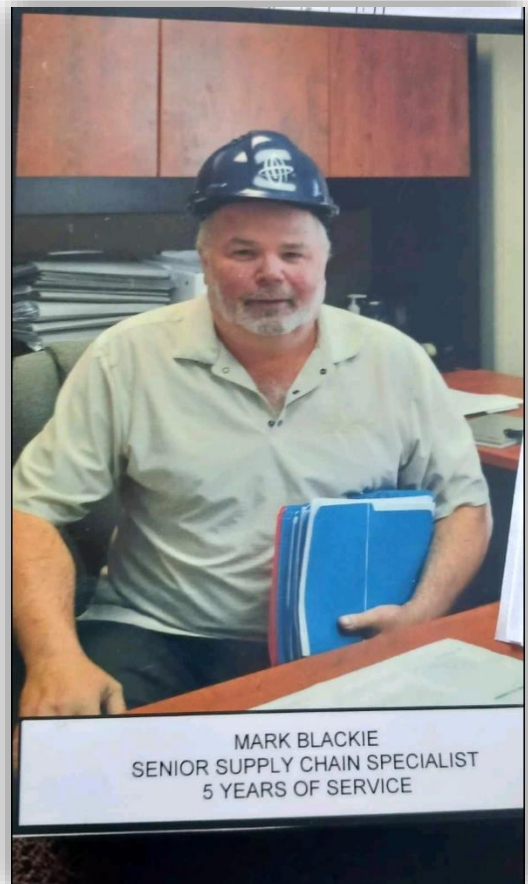
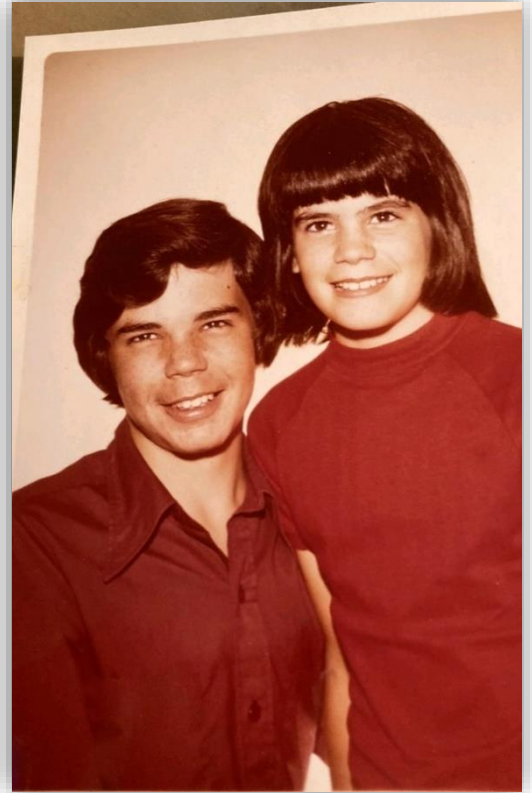
Mark Blackie was born on March 21st, 1958 in Toronto, Ontario. Mark was raised in Toronto, by both of his parents, as well as his younger sister, Ruth. His family moved to Burlington at age 11 and he lived there the majority of his adult life.

After attending college for business, Mark worked for several large companies in production management and steel fabrication. Mark has worked on many projects over his career including the fabrication of underwater show lifts for various cruise ships!

In his free time Mark loved spending time outdoors and was an avid camper and fisherman. He traveled for both business and pleasure to many locations, including almost every province of Canada, Florida and Cuba.

Mark enjoys watching sports games on TV and cheering for his favourite hockey team, the Chicago Blackhawks. Often found at his favourite sports bar called St. Louis, in Burlington surrounded by many friends and sports fans alike.

Mark recently moved to Dunnville to be closer to his three children and 8 grandchildren who love to spend time with him. He is looking forward to being near the Grand River and Rock Point provincial park this year.



HAPPY BIRTHDAY

Wishing you a wonderful year filled with special moments, good health and happiness!

Moya Barker

Jane McConachie

Arnold Felker

Gaetane Roy

Rosa Marangoni

Jack Smith

Marian Mayberry

Doris Swick

Happy belated-birthday to Roberta House



Grandview Welcomes:

Joyce Snider to Bridgeview!

Lorraine Johnson to Marshview!

Ron Southern to Creekview!

Hellen Edl to Bridgeview!



It is with heavy hearts that we say goodbye to

Marilyn "Marilou" Tupper of Bridgeview

Bill Walton of Marshview

Shirley Mumby of Creekview

Annie Knol of Bridgeview

Lois Patterson of Hillview

Mother's Day

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



APPRECIATION

BRUNCH

CANDY

CARING

COMFORT

FAMILY

FLOWERS

GIFTS

GIVING

HUGS

JEWELRY

KISSES

MEMORIES

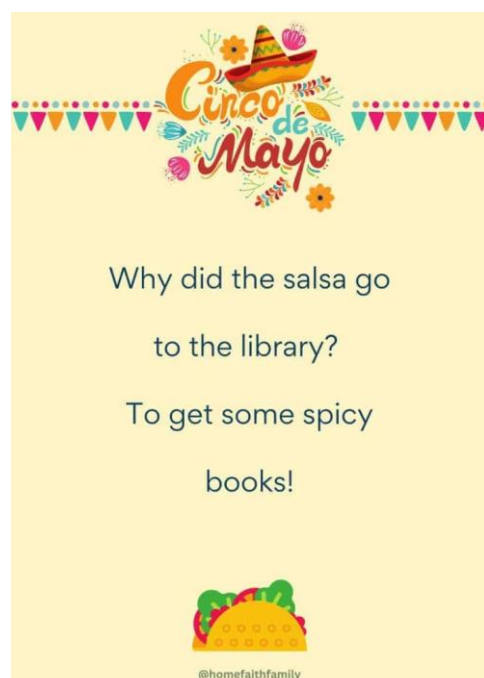
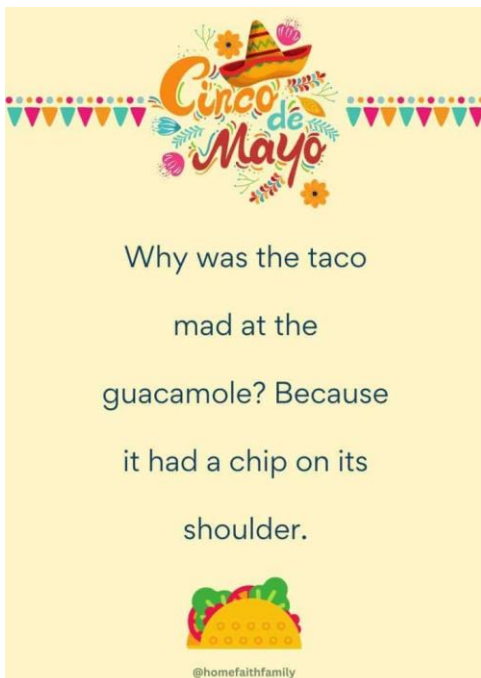
NURTURE

PATIENT

PERFUME

SPECIAL

SWEET



GRANDVIEW LODGE

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Mission Statement:

“With comfort, compassion and care, Grandview Lodge community supports a meaningful life for residents.”

Contact us:**Administrator**

Amy Moore Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228

Kristen VanKuren Ext 2237

Dietitian

Kaitlyn Myles Ext 2240

Director of Nursing

Debbie Marks Ext 2234

Associate Director of Nursing

Charlotte Hutchinson Ext 2226

Supervisor, Facility Operations

Steve Durk Ext 2241

Supervisor, Programs & Support

Melissa Baisley Ext 2233

Social Service Worker

Ashley Mellen Ext 2251

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, Creekview Ext 2303

Bev Little, Hillview Ext 2300

Gayle McDougall, Marshview Ext 2302

Megan Herkimer, Bridgeview Ext 2301

Physicians

Dr. Kamouna Attending Physician/
 Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Rajesh John Physiotherapist

Bobbi-Jo Biggley Hairdresser &
 Barber

Jodi Ainsworth, RPN Foot Care

Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Jodi Walsh, 905 774-7547, ext. 2221.

