

2024 GRAND VIEWPOINTS

Message from the Administrator

Dear Grandview Lodge Families and Residents,

We hope this newsletter finds you well and filled with warmth as we approach spring.

We are thrilled to share some exciting updates with you, starting with the recent developments from our latest Council in Committee (CIC) meeting held on February 6th, 2024. We are pleased to announce that the capital budget has been approved, marking a significant step forward in our ongoing commitment to enhancing the quality of life for all our residents. This approval signifies a pivotal moment for Grandview Lodge as we continue to prioritize the comfort, safety, and well-being of our residents. With this secured capital budget, we are empowered to implement various projects and initiatives that will further enrich the living experience within our long-term care home. If you would like to see a copy of the approved Capital Budget please click here.

We understand the importance of transparency and open communication, which is why we are dedicated to keeping you informed every step of the way. In the coming months, you can expect to see tangible improvements and enhancements throughout our home, all made possible through the support and collaboration of our dedicated staff, residents, and families. We will always inform you of upcoming changes that may impact our resident home areas and we will communicate a contingency plan in relation to anything that may temporarily impact the way we offer services. This is a Ministry of Long-Term Care requirement.

In the upcoming months, we will be relocating certain offices within Grandview Lodge. Each home area features a room known as the Treatment Conference Room, which many of you may not be familiar with. This room has been utilized for wound treatments, foot care needs, and visits from our dental hygienist but is primarily utilized for storage. We will ensure that there are no interruptions to the services we provide to our residents. Previously, we have communicated to all staff the need to create additional office space to accommodate new positions funded by the Ministry of Health and Long-Term Care. Our objective is to enhance the presence of personnel in key areas, not only to support frontline staff but also to prioritize resident safety. The initial phase of these relocations involves clearing out the treatment conference rooms, so you will notice movement within these areas. We have not yet determined which staff members will be relocated to these newly developed office spaces. Once these plans are finalized, we will provide everyone with the necessary information. Please understand that we are implementing a phased approach to avoid overwhelming changes all at once.

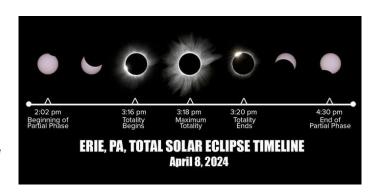
We extend a sincere thank you to everyone who participated in our 2023 Resident and Family satisfaction survey. Your feedback is invaluable as it enables us to delve deeper into areas for improvement and recognize our successes. Once the results are compiled, we will share them with everyone. Additionally, we will develop action plans to address any areas of concern effectively and efficiently. The winner this year of our draw is Sharon Lowe of Marshview!

As we embark on this journey of progress and growth, we extend our heartfelt gratitude to each and every one of you for your unwavering commitment to Grandview Lodge. Together, we will continue to create a warm and welcoming environment where residents can thrive and families can find peace of mind.

Amy Moore, Administrator amoore@haldimandcounty.on.ca

2024 Solar Eclipse

Get ready for an awesome show in the sky on April 8th! A total solar eclipse is coming, and it's going to be a sight to behold. At Grandview Lodge, the safety of our residents and staff comes first. When watching the eclipse, make sure to protect your eyes with proper eclipse glasses or solar viewers to avoid any harm. More safety information will follow shortly to ensure everyone enjoys the cosmic display without any worries.



Environmental Services

As we look forward to brighter days and spring flowers, we also look forward to changing out your loved one's heavy winter wardrobe for a lighter attire.

We do recommend that only 7 sets of seasonal outfits are brought in and swapped out, as closet space is limited.

When bringing in the new items please see Jodi at the front desk, as she will be able to fill out the form in order to have the items sent to laundry for labelling.

As always, our housekeeping staff have been working diligently to keep our home clean and sparkling and germs at bay.

Kristen VanKuren, Supervisor of Dietary, Laundry & Housekeeping kvankuren@haldimandcounty.on.ca



Facility Operations

Smoking In Designated Areas

Our current designated smoking area just off to the right of the entrance doors to the front lobby is not compliant with The Smoke-

Free Ontario Act, S.O. 2017 26 Schedule 3. "Smoking is prohibited in an area within a ninemetre radius surrounding any entrance or exit of a public building except that part of the nine metres which is located on the public highway".

In order to comply with TSFOA, we will be moving the area to the far left of the entrance doors. This will be implemented along with signage to identify where smoking is permitted on Monday March 4th.

The back parking lot will also be better identified with demarcation on the pavement identifying the designated area that will be compliant with the TSFOA by having a minimum of a nine-metre radius surrounding any entrance or exit of the building.

Your continued cooperation is greatly appreciated.

Thank you,

Steve Durk, Supervisor of Facility Operations sdurk@haldimandcounty.on.ca



Dietary Services:

During the month of March, we are excited to celebrate several special events and National Food Holidays!



- March 6th White Chocolate Cheesecake Day
- March 14th Potato Chip Day
- March 17th St. Patrick's Day Dinner
- March 25th Pecan Day
- March 29th Good Friday Lunch
- April 1st Easter Monday Dinner

Please see Jodi Walsh, Resident Services Clerk, at the front desk to purchase meal tickets and enjoy a special meal with your loved one.

We will be rolling out an updated seasonal menu during the month of March. Residents can expect to see their requests from Food Committee incorporated into this updated menu, as well as some exciting new items and returning favourites. Some notable items are Chicken Kiev (breaded chicken breast stuffed with melted butter & chives), Cabbage Rolls, Reuben & Submarine Sandwiches, Pot Roasts, Fish & Chips, Pot Pies, Beef Lasagna, and "Krunchie" Perch. We kindly encourage Residents to join us at the Food Committee Meeting each month to have input on menu planning and to voice questions, preferences, compliments and/or concerns regarding meal service within the home.

Every month, we like to include information related to Food & Meal Service, this month we wanted to provide additional information about *Providing Safe Eating Assistance*.

Eating assistance can help ensure Residents receive adequate nutrition and hydration. It is particularly important for Residents with dysphagia, as it can significantly reduce the risk of coughing, choking, and aspirating. We appreciate all the families, friends, and volunteers that come in to assist Residents with their meals.

Here are some important things to consider when assisting a Resident with eating:

1. Perform Hand Hygiene

- Perform hand hygiene before and after assisting a Resident.
- Assist Residents complete their hand hygiene.

2. Confirm Residents' Nutrition Plan of Care

- ❖ Refer to the **Diet List/Kardex**, available in each servery.
- Identify the Resident's Diet, Texture, Fluid Consistency and Interventions.
- ❖ Do not mix food together on the plate unless the Resident requests, or it is stated in the Care Plan.

3. Ensure Safe Position

- * Residents should be seated in an upright position to support a safe swallow.
- ❖ If Resident is reclined in bed, or uses a tilting wheelchair, position them as upright as is safe and comfortable for them, which their head supported in an upright position with chin down & slightly tucked.

5. Proper Positioning of Meal Time Assistant

- ❖ Always sit at eye level, and do not assist a Resident while standing up.
- ❖ Seat yourself on the Resident's **dominant side** when assisting with meals.

6. Adjust Bites of Food and Sips of Fluid according to Resident's Swallowing Needs

- ❖ Too much food or fluid at one time can increase the risk of choking. Teaspoon-sized bites and smaller sips of fluids may be needed.
- Encourage Resident to clear their mouth of any remaining food and/or fluids after each swallow.

7. Verbal Cues and Encouragement

❖ Verbal cues and encouragement are important while providing safe eating assistance. They help Resident's re-orient to time and place. It also makes the meal environment more relaxed and positive.

- o Draw positive attention to the meal and beverages
- o Discuss the upcoming meal or course
- o Talk about preferences of what they usually like



During meal service; applying the information outlined above as well as using verbal cues and encouragement to provide safe eating assistance, we can help reduce the risks to our Residents and have a positive impact on their nutritional and social well-being!

Taryn Lynn, Supervisor of Dietary Services tlynn@haldimandcounty.on.ca

Nursing & Personal Care

In partnership with the Haldimand County Community Paramedics, a new collaborative approach to accessing non-emergent medical services is coming our way this spring at Grandview Lodge.

In our efforts to decrease Emergency room visits and the use of 9-1-1 ambulances, Grandview Lodge will be introducing the use of some new services provided through the Community Paramedic Program.

Benefits of the Program:

- <u>Enhanced Patient Care</u>: Immediate access to advanced medical assessments and interventions in the comfort of the Resident's home.
- Reduced Hospital Admissions: Comprehensive on-site healthcare services minimize the need for hospital visits.
- Staff Support: Additional resources and training for Long-Term Care staff.
- <u>Family Assurance</u>: Peace of mind for families knowing their loved ones have access to advanced medical care and rapid response services.

Some services being offered:

- 12-Lead ECGs
- IV cannula insertions
- Point of Care Testing:
 - Blood analysis (electrolytes, creatinine, blood sugar).
 - Urinalysis (preliminary UTI detection)
 - Rapid PCR testing for RSV, Influenza A/B, and COVID-19.

Debbie Marks, Director of Nursing dmarks@haldimandcounty.on.ca
Charlotte Hutchinson, Associate Director of Nursing chutchinson@haldimandcounty.on.ca



Infection Prevention & Control

Personal Protective Equipment (PPE)

Did you know there is a specific order to applying and removing PPE?

The proper term is "Donning and Doffing". Using PPE properly protects yourself and those you care for from harmful pathogens.

Always remember to follow the signage and policies in place in the home when visiting.

DONNING:

a. Use with alcohol-based hand sanitizer immediately before putting on PPE	
a. Fully cover torso from neck to knees, arms to end of wrists and wrap around the back b. Fasten in back of neck and waist	
a. Secure loops around ears OR tie elastic bands at middle of head and neck b. Fit flexible band to nose bridge c. Fit snug to face and below chin d. Fit-check respirator	
step 4: GOGGLES OR FACE SHIELD a. Place over face and eye and adjust to fit	
a. Extend to cover wrist of gown	

DOFFING:

STEP 1: Gloves a. Using a gloved hand, grasp the palm area of the other hand and peel off first glove b. Hold removed glove in gloved hand c. Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove d. Discard gloves in waste container STEP 2: GOWN a. Unfasten gown ties, taking care that sleeves don't contact your body when reaching for b. Pull gown away from neck and shoulders, touching inside of gown only c. Turn gown inside out d. Fold or role into a bundle and discard in waste container STEP 3: PERFORM HAND HYGIENE a. Use with alcohol-based hand sanitizer immediately after removing gown and gloves STEP 4: GOGGLES OR FACE SHEILD a. Remove goggles or face shield from the back by lifting the head band or ear pieces b. If the item is reusable, disinfect the item with disinfectant wipe. If not, discard in a waste container STEP 5: MASK a. Grasp elastics or loops of mask/respirator, remove without touching the front b. Discard in waste container STEP 6: PERFORM HAND HYGIENE a. Use with alcohol-based hand sanitizer immediately after removing facial protection

Always perform hand hygiene between steps if hands become contaminated and immediately after removing all PPE.

Taylor Reichheld, IPAC Coordinator treichheld@haldimandcounty.on.ca

Recreation & Leisure

We are looking forward to Spring and with the warmer weather we are happy to host the annual Easter Egg hunt again for children of staff, and residents. On Saturday March 30th, our hunt will begin at 10:15 sharp. Bring a basket or something to collect eggs in and have fun searching to see where our Easter bunny hid them. There will be games, egg hunt and prizes. See Easter Egg hunt poster for more details and registration.

Family Council is back!

We are re-starting our Family council and want **YOU** to be involved. Our family council is made up of a family members and friends of residents in our Long-Term care home. We meet to share information, provide Peer Support, education and to improve the experience for all persons in LTC. Members volunteer and do not have to commit to any roles other than support and want the best for our residents at Grandview Lodge. Please join us on March 20th @ 6pm for our next meeting. Meeting duration is maximum 1.5 hours.

Cathy Fisher, Supervisor of Programs & Support cfisher@haldimandcounty.on.ca

WHAT'S HAPPENING IN CREEK VIEW

The Month of February has been a busy one. All the Recreationist have moved to new home areas. I have been taking time to get to know the residents here and finding out what they love and enjoy. Here are some things we have been up to. We spent some time crafting for Valentine's Day, we had Superbowl Tim Hortons Donut Social which everyone loved and a Valentine's Party with some wonderful treats and amazing music by the Doppelgangers!











RESIDENT FEATURE: DORIS SWICK of MARSHVIEW

"I was born May 1st, 1930 to Joe and Annie Smith of York. I have a twin sister and 4 brothers.

My father was a Market Gardener who rented two islands in the Grand River, owned by Colonel Thompson of Cayuga. We lived on the island, in a shack Dad built all summer long...taking care of the gardening while school was out, before returning to our home in York for the rest of the year.

Working in the garden was a lot of work, but we got to jump in the river and cool off at the of the row after hoeing. I learned the ethic of being a hard worker from those days, and always found myself feeling fulfilled in my work.

My treasured things are my faith and my family.

I also enjoy baking, decorating, reupholstering furniture. I spent years being a Camp Cook; made pies for the Wainfleet Heritage Festival and my

Church. I made bread to sell at the Market and several years made candy apples to give to trick-or-treaters. They were a huge hit! I recall 80 trick-or-treaters coming to our door in the 70's!

My life has been both difficult and good. I've been restored, and delight in the good. I was blessed with 6 children from two marriages and lots of grandchildren and great arandchildren.

We were all very close. I never expected to outlive some of my sons, but I have. Another lives 8 hours away. I'm happy to see him and his wife when they can come. I'm grateful for the ones who can come.

They're all a part of my Heart and I of theirs."

-- Doris Swick





HAPPY & BIRTHDAY

Wishing you a wonderful year filled with special moments, good health and happiness!

Debra Armstrong Ronald Marr

Mark Blackie Rogers Pears

Susan Cheese William Redding

William Fletcher Robert Shaver

Helen Hare Gertrude Stienstra

Joan Henderson William Walton

Marjorie Wighton



Grandview Welcomes:

Marilyn Sherry to Marshview!

Joan Bastien to Creekview!

Rosa Marangoni to Creekview!

Eleanor Piette to Creekview!



It is with heavy hearts that we say goodbye to...

Anne Silverthorne of Creekview

Jean Menzel of Hillview

JOIN US





lucky leprechan



www.thechirpingmoms.com (art from http://TeacherKarma.com)





GRANDVIEW LODGE

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Phone: 905 774-7547 Fax: 905 774-1440

Web: www.haldimandcounty.ca

Mission Statement:

"With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents."

Contact us:

Administrator

Amy Moore Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228 Kristen VanKuren Ext 2237

Dietitian

Kaitlyn Myles Ext 2240

Director of Nursing

Debbie Marks Ext 2234

Associate Director of Nursing

Charlotte Hutchinson Ext 2226

Supervisor, Facility Operations

Steve Durk Ext 2241

Supervisor, Programs & Services

Cathy Fisher Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221
Accounts Clerk Ext 2222
Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238
Creekview Ext 2262
Hillview Ext 2247
Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, Creekview Ext 2301
Bev Little, Hillview Ext 2302
Gayle McDougall, Marshview Ext 2303
Megan Herkimer, Bridgeview Ext 2300

Physicians

Dr. Kamouna Attending Physician/

Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Rajesh John Physiotherapist

Bobbi-Jo Biggley Hairdresser &

Barber

Jodi Ainsworth, RPN Foot Care

Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Jodi Walsh, 905 774-7547, ext. 2221.



