



2023 GRAND VIEWPOINTS

Message from the Administrator

Dear Residents, Families and Staff,

As we approach Remembrance Day, we take a moment to honor and remember the bravery and sacrifices of our veterans and service members who have dedicated their lives to protect our freedoms. On this special day, let us come together to pay tribute to their courage, resilience, and selflessness. We encourage everyone to join us in observing a moment of silence at 11 a.m. on November 11th to reflect on the significance of this day. Let's come together in unity and gratitude as we remember and thank those who have served our nation. We will never forget their bravery and sacrifice.

Lest we forget.



With the chilly breeze rolling in, it's time to spruce up our home with some holiday magic. We're all set to start the holiday decoration extravaganza from mid-November onwards. If you're keen to spread some festive cheer alongside us, give Jodi Walsh a call at extension 2223. Let's make this season sparkle. It is also time to bring out our warmer clothes; with the change in weather, now is the time to switch out the clothes in our closets and replace those sandals with snow boots. This is a good opportunity to purge any worn or ill-fitting clothing and to identify any clothing needs that you may want to add to your Christmas wish list. Should you require assistance, please ask any GVL staff member and they will be happy to assist you.

Starting from September 10th, 2023, we've been able to increase staffing levels, all thanks to the extra funding for direct care from the Ministry of Health and Long-Term Care. We're working hard to make sure everyone receives at least 4 hours of direct care, per person, per day by the end of 2024. We've also implemented new job routines for our PSW and Dietary teams, and we'd love to hear what you think. If you have any comments or ideas, reach out to any member of the leadership team. We're looking forward to making things even better next year!

Amy Moore

Administrator ext. 2224

amoore@haldimandcounty.on.ca

Nursing:

Nursing and Personal Care Services

Did you know...

Falls are a major health concern. Many falls are predictable and preventable, but some are not. In these cases, the focus is on proactively preventing falls injuries and decreasing frequency. Falls can result in fractures, head injuries, reduced mobility, cuts and scrapes, and psychological trauma. Falls happen as a result of a number of different factors.

Falls Risk Factors:

- Decreased mobility
- Decreased muscle strength
- Poor balance and gait
- Decreased cognitive function and dementia
- History of falls
- Certain medication side effects
- Dizziness or low blood pressure
- Poor eyesight and/or hearing
- Improper foot wear
- Environmental hazards

Person- and family-centered care is foundational to the care of people at risk for falls and fall injuries. (RNAO, 2017)

Fall Prevention Strategies & Interventions:

- Hourly rounding to assess comfort, safety, and personal needs
- Proper bed height for safe transfers
- Bed lowered to the ground for residents who roll out of bed
- Floor mats to decrease injury in the event of a fall from bed
- Personal alarms on the bed or wheelchair to alert staff to movement/exiting
- Physiotherapy assessments on admission and quarterly to ensure proper assistive devices are used (i.e., walker, wheelchair)
- Physiotherapy programs to maintain strength and ROM to decrease risk of falls
- Nutritional assessments to ensure adequate hydration and nutrition for muscle and bone health
- Quarterly medication reviews to decrease unnecessary use of medications and to ensure vitamin supplements for bone health
- Personal Assistive Devices (PASDs) or restraints as a last resort may be recommended to enhance safety measures (*can only be used under physician's order and POA consent*)

Preventing or reducing falls and injury from falls requires a balance between reducing the risks and maintaining a person's freedom, dignity, and quality of life. (RNAO, 2017)

Debbie Marks, RN, Director of Nursing ext. 2234

Charlotte Hutchinson, RN, Associate Director of Nursing, ext. 2226

Infection Prevention & Control

Please note that as of **October 23rd, 2023** Grandview Lodge has reinstated **universal masking** due to the current heightened respiratory season and as a precaution to prevent further spread within our home—meaning that anyone entering the Home must wear a mask.

The decision to continue with universal masking will be reassessed once the outbreaks subside, taking into account the prevailing situation, including trends and guidance from provincial authorities.

Taylor Reichheld, IPAC Coordinator

treichheld@haldimandcounty.on.ca

Facility Operations

Welcome November!!

Time sure does fly when you're having fun!! I can't believe we are already in November!!

Temperature checks are being completed 3 times a day in various areas of the building, to ensure the temperature stays between 22-26°C. It is very important to keep windows shut, in order to keep both residents and staff warm and cozy.

Make sure families connect with staff when bringing in Fall/Winter clothing for their loved ones, so items can be labelled accordingly.

As most of you know, we are in cold and flu season and the housekeeping staff are working hard to stay on top of cleaning to keep pesky germs at bay, and of course to add sparkle and shine.

In the facilities area, we will continue to have a lot of activity until the end of the year as we look to wind down our first phase of the HVAC project, with 6 units being lifted onto roof. Phase 2 will begin in the new year, where we will be adding 8 more units onto the roof and 1 new Generator.

We hope you have a wonderful month, filled with joy!!

Kristen VanKuren Supervisor of Dietary, Laundry & Housekeeping

Steve Durk Supervisor, Facility Operations



Autumn
CROSSWORD

14
1
10
15
13
11
9
8
7
6
6
5
4
3
2
1

2.Umbrella 3.Fir 4.Acorn
→ 6.Rain 7.Hedgehog
9.Basket 12.Amanita 14.Cloud
↓ 1.Pumpkin 5.Chanterelle 8.Boots
10.Hat 11.Rowan 13.Cone 15. Leaf

What's Happening in Creekview:

With the change of season quickly approaching Creekview's home area has been working hard to get ready for all the seasons! With the surprise of the warm weather, we snuck outside to do some last minuet outdoor chores, cleaned up the gardens and soon we will be raking all the leaves! This year the gardens were successful and we gathered many fresh goodies. Thank you to everyone that helped!



With Remembrance Day around the corner, we have been busy planning, and getting our decorations, stories and home areas ready. It is important to remember our peers, loved ones, and the courageous souls that have helped us get to where we are today. May we stop for a Moment of Silence on November 11th, on the 11th hour in honor of our loved ones.



November Resident Feature: Tex & Sue Cheese!

The story, so far, of Tex and Sue:

Sue, a girl from Cardston, Alberta, one of five girls in her family, and Tex, a boy from Thorold, one of five boys and seven sisters in his family, both decided in 1954 to join the Canadian Armed Forces. Basic training was in Senneterre, Quebec and that's where their story begins. Tex was a telephone tech and Sue a switchboard operator. They talked over the phone when Sue gave Tex his morning wake-up calls.

They met on Christmas Eve of 1954; Tex smitten by Sue's charms proposed on Valentine's Day of 1955 and on Easter Sunday, April 10th, 1955 their love was sealed as man and wife. From that day forward, Sue loved her husband and Tex loved his wife. Soon after Sue became pregnant and had to give up the Air Force life. By 1959 with one son in tow, away overseas on a ship the couple did go. Stationed and working in Germany, they travelled seeing European sites; bullfighting in Spain, gondola rides in Venice, a visit to the Colosseum, a few trips to France and stops in Switzerland and Denmark too.

It wasn't always happy, there were some losses to get through, some babies wouldn't make it, Tex lost his Mom and Sue lost her Dad too. Times could be hard, everyone knew, and through it all Sue loved her Tex and Tex loved his Sue.

In fall of 1963 Tex and Sue were Canada-bound with 3 kids. The family was 5 when the plane left the ground. Posted in Ottawa, and in 1965 in Clinton where they had kid number 4. Then in 1966 a transfer would send them to Trenton, Ontario where they lived for a long time, and had one more child to add to the line. Tex was moving his way through the ranks as a Sergeant, and now worked in radar and satellites on the base. He was also a barber, worked at the mess hall, and had a band that played country music...he was the best! Tex had a concrete block business in the yard, as raising a family of 5 sure could be hard.

Sue kept herself busy when Tex was away, she could make anything, anything I say! Sue made clothes with her sewing machine, I mean she made Tex a suit with a tie, she could make herself dresses not a word of a lie. Sue would crochet and knit and cross stitch and everything homemade in the kitchen. Sue baked bread and made hotdog buns, gardened and chased the kids around. Life wasn't perfect, there was pain, there was strife but no matter what Sue loved her husband and Tex loved his wife.

In the '70s and 80's Sue and Tex did their best, Tex still traveled coast to coast and to the Beaufort Sea, and that put Sue to the test. Tex always said, "Don't worry Sue, when the kids are all grown, we'll travel too." Sue kept loving her Tex and Tex loved his Sue. Travel they did when the kids were all grown. Tex retired a Warrant Officer and was going to stay home. They sold their house in Trenton and they hit the road, first in a truck and camper and then in a motorhome.

At the end of the 90's into 2010 they travelled; to Alaska, to every single state, (except Hawaii because Tex said they needed to build a bridge). They went to every province, they travelled coast to coast and then drove back to Alaska, they like that drive the most. They kept traveling, they met new friends, visited family, and they had adventures too and no matter what happened Sue loved her Tex and Tex loved his Sue.

Nothing could stop them, nothing they wouldn't do. They babysat the Vietnam war wall overnight, they went to the Cape and witnessed rocket flight, they pet dolphins in Florida, marveled at the Grand Canyon, went to the Blue Ridge Mountains, the Oceans again and again and walked the bridge into Mexico while holding hands.

They settled in St. Catharines when they parked their motorhome, travel got a little harder and this was close to Tex's birth home. Meanwhile their family was growing, each kid had a spouse, now 10 kids, 15 grandkids and 15 great grandkids in the house. When they were in their 80's the family made another move to Port Rowan on Lake Erie. It was great for Tex and Sue.

Staying home with family until a day would come, another move they'd have to make, a hard but better one. Sue moved first and wasn't pleased, she couldn't find her Tex, it was hard to explain to her that he'd be moving next. Through COVID days they waited to be reunited this is true, and of course, while they waited, Sue loved Tex and Tex loved Sue.

Now they are reunited, they live here in Dunnville, in Marshview. You'll find them in the lounge there, holding hands, that's what they do.

I hope you like this story, my ode to Tex and Sue, this is how I know it, and I'm their kid number two.



UPCOMING EVENTS

Recreation Calendars

Be sure to check out the Home Area Recreation Calendars to see what's happening in November!

Recreation calendars can be found outside of each home area or by connecting with one of our fabulous Recreation Team!

HAPPY  BIRTHDAY

Wishing you a wonderful year filled with special moments, good health and happiness!

Ula Bartlett

Philip Boadwin

Sara Houser

Carol Leggett

Afrose Mangru

Margaret Middleton

Phyllis Williamson



It is with heavy hearts that we say goodbye to...

Agnes Hiltz of Bridgeview

Hans Niendorf of Marshview

Lyle Shirton of Bridgeview

Barb Wyatt of Marshview

Harold Killins of Marshview



In Flanders Fields

BY JOHN MCCRAE

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

GRANDVIEW LODGE

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Mission Statement:

“With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents.”

Contact us:**Administrator**

Amy Moore Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228

Kristen VanKuren Ext 2237

Dietitian

Kaitlyn Myles Ext 2240

Director of Nursing

Debbie Marks Ext 2234

Associate Director of Nursing

Charlotte Hutchinson Ext 2226

Supervisor, Facility Operations

Steve Durk Ext 2241

Supervisor, Programs & Services

Cathy Fisher Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, MV Ext 2303

Bev Little, BV Ext 2300

Gayle McDougall, HV Ext 2302

Megan Herkimer, CV Ext 2301

Physicians

Dr. Kamouna Attending Physician/
 Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

TBD Physiotherapist

Bobbi-Jo Biggley Hairdresser &
 Barber

Jodi Ainsworth, RPN Foot Care

Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Jodi Walsh, 905 774-7547, ext. 2221.

