

GRAND VIEWPOINTS

Message from the Administrator

Dear Residents and Families,

Welcome to the June edition of our newsletter! As we embrace the summer season and the warmth it brings, we are thrilled to share the latest updates and happenings from Grandview Lodge. In this edition, we are excited to highlight the various activities, events, and initiatives that will make this month truly special. We have planned an array of engaging programs and outings designed to enhance your experience and provide moments of joy and connection. Whether it's celebrating the arrival of summer or creating meaningful opportunities for engagement, we are committed to fostering a vibrant and inclusive community for all.

The weather is not the only change we are experiencing here at Grandview Lodge; it is with mixed emotions that I write to inform you that Kellen Mowat, Supervisor of Facility Operations and valued member of our leadership team, will be leaving Grandview Lodge



effective June 9th, 2023. While we are saddened by his departure, we are also excited for the new opportunities and challenges that lie ahead for Kellen as he heads over to Haldimand War Memorial Hospital as the Director of Engineering and Facilities Management.

Kellen has played a vital role in overseeing various aspects of our home's operations, including maintenance, housekeeping, and laundry. His attention to detail, problem-solving skills, and ability to effectively manage resources have been instrumental in upholding the highest standards of cleanliness and safety. Kellen was also actively involved in spearheading infrastructure improvements within Grandview Lodge.

We will fondly remember Kellen's dedication to enhancing the lives of our residents, which extended beyond his primary role. His involvement as the "Easter Bunny" and "Santa's Elf" showcased his commitment to bringing joy and happiness to those in our care.

We extend our heartfelt appreciation for his significant contributions and wish him nothing but the best in his future endeavors. We are confident that his talents and expertise will continue to positively impact the lives of others.

We hope you enjoy reading this newsletter and find it both informative and uplifting.

Wishing you a wonderful June!

Amy Moore, Acting Administrator ext. 2224 <u>amoore@haldimandcounty.on.ca</u>



Message from the General Manager

I'm thrilled to introduce myself as the new General Manager of Corporate and Social Services for Haldimand County, the department which oversees Grandview (alongside three other County divisions). I wanted to introduce myself to you – the residents and loved ones of Grandview Lodge - and let you know how excited I am to support this wonderful home, in any way that I can.

While Grandview Lodge is new to me, the County is not. I have worked within the CSS department for about 15 years, and have been on the sidelines watching Grandview flourish both in care and creativity, as well as in coming together to respond to the COVID19 pandemic and other challenges. Time after time, I am blown away with the level of professionalism and kindness that the staff of Grandview Lodge provide, and the support that each of you bring one another. Grandview truly is a special place.

Over the next few months, I plan to get to know Amy, and the leadership team at Grandview Lodge a bit better and to learn from the incredible staff about "Grandview Lodge operations". As time goes on, I look forward to meeting and getting to know some of you better as our paths may cross. Until then, please know I am available for any corporate questions or concerns, at <u>mjamieson@haldimandcounty.on.ca</u> / 905-318-5932 x 6116.

Take good care.

Megan Jamieson General Manager-Corporate and Social Services Haldimand County

Resident Services Clerk

It has come to our attention that bills from **CareRx** have been mailed to family members rather than Grandview Lodge. We have been in contact with CareRx to redirect the invoices to Grandview, as they are managed and paid for via trust accounts.

If you have received a bill from CareRx please contact Jodi Walsh at ext. 2221.

Jodi Walsh, Resident Services Clerk Ext. 2221

Accounts Clerk

The following information has been provided by the Ministry of Long-Term Care:

Basic Accommodation Rates:

Only July 1, 2023, the maximum co-payment that residents pay for basic accommodation in Long-Term Care (LTC) homes **will increase by \$1.59 per day from \$63.73 per day to \$65.32 per day**, consistent with recent inflationary increases. This will help cover the rising costs of meals and accommodations.

Preferred Accommodation Rates:

The maximum charges will also be increasing for residents admitted to newer preferred accommodation beds **on or after July 1, 2023.** The premium charged for semi-private accommodation will increase by \$0.33 from \$13.10 to \$13.43 per day, and the premium for private accommodation will increase by \$0.69 from \$27.31 to \$28.00 per day.

If you are receiving a reduction or for further information, please connect with Pam Bonnett, Accounts Clerk for information.

Pam Bonnett, Accounts Clerk Ext. 2222

Nursing

June is full of summer fun, which is why it is important to raise awareness for our health and well-being. It has been predicted that between 2019 and 2030, the number of persons aged 60 years or over will grow by 38%, from 1 billion to 1.4 billion. Older persons will outnumber youth globally! This increase will be the greatest and the most rapid in the developing world, and recognizing that greater attention needs to be paid to the specific challenges affecting older persons.

June is the official Stroke Awareness Month in Canada! According to the Heart and Stroke Foundation, prevention is key and it starts with knowing your risks. Certain medical conditions increase your risk of stroke and cardiovascular events such as high blood pressure, high cholesterol, diabetes, and cognitive impairments. Some inherited risks cannot be changed, but awareness is important. Age, sex, heritage, and family history can affect your risks of stroke. Is your loved one a high risk for stroke and are they taking all the appropriate precautions for prevention?

Rights Don't Get Old



Elder abuse is a globally underreported problem with prevalence rates only estimated in select developed countries. These rates range from 1% to 10%. So, although the extent of elder mistreatment is not fully known, its social and moral significance are clear and requires a multi-layered response focused on protecting the rights of older persons.

Every year the United Nations recognizes the importance of raising awareness and discussing solutions to mitigating elder abuse in the world. Please do your part to raise awareness on June 15th for World Elder Abuse Awareness Day.

For more information and resources visit: <u>HTTPS://WWW.HEARTANDSTROKE.CA/STROKE/RISK-AND-PREVENTION</u> <u>https://www.un.org/en/observances/elder-abuse-awareness-day/</u>

Kim Eros, RN, Director of Nursing, ext. 2234 Charlotte Hutchinson, RN, Associate Director of Nursing, ext. 2226

Infection Prevention & Control (IPAC)

This is a friendly reminder to anyone entering the home that indoor masking requirements remain in place at this time meaning that all visitors, volunteers & staff still need to wear a mask throughout the building. Additionally, we ask that all visitors sign-in and out with our log book in the front entrance.

In order to keep your loved ones safe, visitors should continue to self-monitor for any cold or flu-like symptoms and if you are feeling unwell, reschedule your visit for another time.



GVL celebrated World Hand Hygiene Day on Friday, May 5th and organized a Sanitation Station for staff, residents and visitors. Everyone was welcome to take part in sampling new hand sanitizer, hand cream and participate in a **GLOW GERM** exercise to test our hand washing skills! Thank you for all who attended and provided feedback on some of the new and exciting changes ahead for our Infection Control Program.

Thank you for helping keep our residents and staff safe!

Taylor Reichheld, IPAC Coordinator Ext. 2229

Dietary Services

Dear Residents, Family Members, Friends and Staff,

We are writing to share with you some exciting news about upcoming changes to the diets offered by Grandview Lodge.

Every month the Dietitian and Supervisor of Dietary Services assess, monitor and make recommendations to ensure each Resident's nutritional needs are being met. The Dietitian supports the Dietary Supervisors and the entire Health Care Team with menu and diet guidance and evidence-based support on high-risk issues with chronic disease, weights and wounds.

Our commitment to the Residents is based on quality of care and life vs. looking for a cure. It is our goal to provide excellence in meal planning and to provide the most current diets as recommended by the Ministry of Health and Long-Term Care and Dietitians of Canada. Currently the trend is towards liberalizing diets, in particular the Diabetic and Renal Diets.

Based on this research, on June 5, 2023 we are releasing the Spring/Summer Menu and will be eliminating all Diabetic and Renal diet types. As outlined in the document attached, provisions will be put in place should a Resident need personalized dietary interventions. Overall, our goal is to have all Residents on a Regular Diet so they can enjoy all foods and benefit from a full meal experience.

Please note that all other provisions of Diabetes Support provided by the Nursing team will not be altered. Medications, glucometer monitoring, foot care, lab work etc. will continue as currently care planned for. If there are any issues with a Resident's diabetes control, the registered staff can send a referral to the Dietitian for individual follow up.

We are excited about this new initiative and hope the residents will fully enjoy this change. Other Long Term Care homes and LTC Corporations have been very successful in implementing this direction. Seasons Care has implemented this initiative at many of the LTC Homes they service over the past decade with no concerns; the Residents eat well and are happy.

Thank you for your support and entrusting Grandview Lodge in providing the best care and quality of life for each Resident of the home. If you have questions or concerns, please contact myself or Kristen VanKuren (Part-Time Supervisor, Dietary Services).

Best regards,

Taryn Lynn, Supervisor, Dietary Supervisor Kristen VanKuren Food Services Supervisor Kaitlyn Myles, Registered Dietician

Father's Day Lunch

Sunday, June 18th, 2023 at12:00 noon

Tickets are \$13.00/person and can be purchased at the front desk.

Please note, in order to ensure accurate meal preparation tickets must be purchased no later than Monday, June 12th, 2023.



Facility Operations

With my last day coming on June 9th, I wanted to take this opportunity to formally thank everyone for all of the well wishes and kind words. To work for Haldimand County and to work in a Long-Term Care environment like Grandview Lodge over the last four years has taught me a lot.

I've had the opportunity to meet residents from the community whom I grew up with and residents whom I have met at Grandview and fortunate enough to learn their life paths. Whether it was reading the *Remember When* series, hatching chicks, enjoying all of the seasonal or themed events or the simple part of just listening to stories, being part of someone's life journey is rewarding.

I will forever remember a pandemic in a sector that was dearly impacted, but to be part of a Home that was both fortunate and prepared for what the pandemic was to us, was truly rewarding. For this I am grateful to the residents, families and all of our staff at Grandview Lodge.



Although I am leaving during a significant upgrade to our

HVAC systems and controls, the path to completion is well planned and will target the Fall for substantial completion. I have full confidence in the Grandview Lodge team to ensure any outstanding items in my absence will be completed to the highest of standards.

Thank you for all of the experiences and stories and we will see you again out in our community!!!

Not goodbye; just see you later.

Kellen Mowat, Supervisor, Facility Operations Ext. 2241







Programs & Support



On May 5th residents of Grandview lodge celebrated **Cinco de Mayo!** Residents from all home areas came to our Auditorium, decorated to be a Mexican fiesta, to enjoy Margaritas, churros and tacos. Our Pinata was a target of fun as well as cactus games, Mexican games and a photo booth. Ole!

We spoiled all mothers with flowers for **Mother's Day**. It was so nice to see families visiting at Grandview and what a beautiful weekend of weather we had to celebrate our ladies.

A special thank you to our local Youth Impact center, who organized a visit with15 youth from grades 7 & 8 and shared 120 Gerber daisies with the residents. It is wonderful to have our community partners reengaging with the home.





We are hosting a **Memorial Planting Service** in dedication of residents we said goodbye to in the last 12 months.

On June 1st at 6:30 p.m. families are invited to return to Grandview Lodge and help to plant our memorial garden in memory of a loved one.

June is Seniors Month! We will be celebrating our seniors all month with entertainment, ice cream socials and an outdoor evening Canadian celebration. Join us June 27th at 6:30 in our Centennial gardens as we celebrate Senior's month and with an early **Canada Day Party**. Please check your Recreation Calendars for details.

Welcome to our new Resident Council co-presidents James & Doug! We look forward to your leadership at our monthly meetings!



With the beautiful weather please enjoy our outdoor gardens and space during your visits we have lots of shade and flowers to make your visit enjoyable.

Cathy Fisher, Supervisor, Programs & Support Ext. 2233





HAPPY

Fathers

JUNE IS SENIORS' MONTH!

Please see recreation calendar for details and events. Calendars are located on the bulletin boards outside of each Home Area

Memorial Planting

Thursday, June 1st, 2023 6:30 p.m. in the Centennial Gardens





Sunday, June 18th at 12:00 noon Tickets are \$13 each & can be purchased from Jodi at the front desk.

Tickets must be purchased in advance no later than Monday, June 12th

Canada Day Party!

Tuesday, June 27th 6:30 p.m. in the Centennial Gardens





Carol Anderson Elvira Cook Brian Dicy Leonard Johnson Harold Killins Laird Lint

Sharon Lowe

Doug Potter

Lydia Prentice

June Richards

Muriel Robson

Lenora Sherwood

Margaret Snow

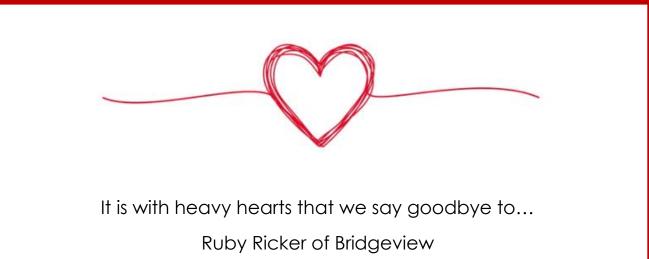
Wishing you a wonderful year filled with special moments, good health and happiness!



Grandview Lodge welcomes:

Eileen MacDonald to Creekview Ron Rice to Creekview Barbara Ullman to Marshview

We are so pleased to have you with us!



Beverly Bullock of Creekview

Father's Day Word Search

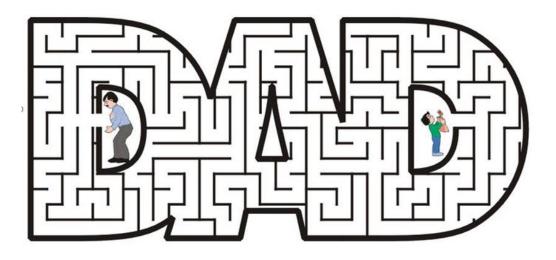
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CARD CARING CELEBRATE CHILDREN DAD FAMILY FATHER GIFT HOLIDAY JUNE LOVING PARENT



CRAVONSANDCRAVINGS.com



GRANDVIEW LODGE

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 Phone:
 905 774-7547

 Fax:
 905 774-1440

 Web:
 www.haldimandcounty.ca

Mission Statement:

"With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents."

Contact us:

Administrator						
Amy Moore	Ext 2224					
Supervisors, Dietary Services						
Taryn Lynn	Ext 2228					
Kristen VanKuren	Ext 2237					
Dietitian						
Kaitlyn Myles	Ext 2240					
Director of Nursing						
Kim Eros	Ext 2234					
Associate Director of Nursing						
Charlotte Hutchinson	Ext 222					
Supervisor, Facility Operations						
Kellen Mowat	Ext 2241					
Supervisor, Programs & Services						
Cathy Fisher	Ext 2233					
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ADMINISTRATION:						
Resident Services Clerk	Ext 2221					
Accounts Clerk	Ext 2222					
Administrative Assistant	Ext 2223					
NURSES STATIONS:						
Bridgeview	Ext 2238					
Creekview	Ext 2262					
Hillview	Ext 2247					
Marshview	Ext 2261					
RECREATIONISTS:						
Nicole Leeney, MV	Ext 2303					
Bev Little, BV	Ext 2300					
Gayle McDougall, HV	Ext 2302					
Megan Herkimer, CV	Ext 2301					

Physicians

Dr. Kamouna	Attending Physician/ Medical Director
Dr. Ezzat	Attending Physician
Upon request the	Director of Nursing may att

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurrum Khan	Physiotherapist				
Bobbi-Jo Biggley	Hairdresser & Barber				
Lisa Mederios, RPN	Foot Care				
Rosanne Turenne, RDH	Dental Hygienist				
For more information regarding the above services or to book transportation for an off-					

services or to book transportation for an offsite medical appointment (we have a van, fees apply), please call Sarah MacNeil, 905 774-7547, ext. 2221.