



GRAND VIEWPOINTS

Message from the Administrator

Hello Residents, families, staff and friends,

It's hard to believe that July has already arrived, and we're about to enter the scorching summer months! We're filled with excitement as we prepare to welcome back our beloved summer BBQs starting this Tuesday. Please refer to the recreation program calendars for the specific dates and times in your area. We encourage family and friends to join in as well. And don't forget to stay hydrated by drinking plenty of fluids throughout these months. I'm looking forward to seeing all of you at our summer BBQ's.

I have some incredibly exciting news to share with everyone regarding our Accreditation. Last October, Accreditation Canada surveyors visited our home to assess our compliance with their Health Quality Standards. We performed exceptionally well during the Accreditation process and achieved Accreditation with Commendation. While there were a few areas that required additional evidence, we successfully submitted the necessary materials and underwent a thorough review of additional criteria. As a result, we have now achieved **Accreditation with Exemplary Status**, the highest quality standard possible! I want to personally express my gratitude to all the staff members for their unwavering dedication and commitment throughout the Accreditation process. Preparing for such a survey takes approximately one year, and we will continue to integrate quality into every aspect of our work, striving to make Grandview Lodge the finest home to both work and live in.

I am also happy to announce that I have formally accepted the role of full-time Administrator on a permanent basis. Serving as the Acting Administrator in recent months has been both challenging and very rewarding. I want to emphasize my unwavering dedication and commitment to ensuring that our residents receive the highest level of care possible. With over twenty years of experience in the long-term care sector, I have a deep passion for continuously improving and revolutionizing our approach to long-term care. I am eagerly looking forward to the rewarding opportunity of collaborating with the residents, dedicated staff, and supportive families at Grandview Lodge. By working together, we can make a significant difference in enhancing the quality of life of our residents and staff.



On another note, the Ministry of Health and Long-Term Care recently released new guidance for masking requirements. Finally, the day has come where we are no longer required to wear masks! We can't wait to see everyone's beautiful smiles again! Listed below are some highlights and required changes.

- **Visitors & Essential Caregivers**

- Masks are recommended, but no longer required, when indoors in all areas of the home (e.g., social activities).
- Caregivers and visitors may now join in for dining and sharing a meal or beverage in communal areas.

- **Staff**

- Masks are required based on a point-of-care risk assessment (PCRA), consistent with Routine Practices.
- Staff may consider wearing a mask during prolonged direct resident care (both indoors and outdoors).
- Masks are not required in administrative and staff only areas (e.g., lunchroom, offices).
- Staff may choose to wear a mask beyond minimum requirements as this is a personal choice based on their own risk assessment.

Lastly, as we enter a new month, we encourage you to stay connected with us and participate in the various activities and events we have planned for July. If you have any questions, suggestions, or feedback, please don't hesitate to reach out to us. We value your input and strive to continuously improve the services we provide.

Wishing you a joyful and fulfilling month ahead. Until next time, take care and stay safe.

Amy Moore, Administrator ext. 2224

amoore@haldimandcounty.on.ca

Nursing

With the onset of the hot and humid summer months, hot weather conditions pose a risk to everyone. People aged 65 and older are more prone to heat conditions and illness than younger individuals for several reasons including age, medications, and certain medical conditions. This presents a tremendous challenge to individuals living in Long-term care homes.

The Government of Ontario has guidelines for Long-term care homes for the assessment, prevention, and management of heat related illnesses. In addition, a Heat Warning Information System (HWIS) was implemented by Environment and Climate Change Canada in order to standardize timely heat health messaging to reduce the avoidable human health consequences of extreme heat. Please make sure to follow the guidelines recommended.

Here at Grandview Lodge, we pride ourselves on the best support to those who live and work in the Home. With July being UV Awareness Month, we would like to ensure everyone has the tools to stay cool, hydrated, and safe from heat related illnesses this summer.

All residents are assessed for a heat risk score and staff are informed of the risk to ensure monitoring during times of extreme weather. Interventions are applied to prevent a heat related illness by ensuring our residents are appropriately dressed for the weather, receive proper hydration, are kept as cool and dry whenever possible, and use sunscreen when outside to prevent burns.

Staff are encouraged to take their scheduled breaks to rest and get extra hydration throughout the day to prevent heat related illnesses while working.

Stay safe this summer to enjoy time with family, friends, and loved ones.

Kim Eros, RN, Director of Nursing, ext. 2234

Charlotte Hutchinson, RN, Associate Director of Nursing, ext. 2226

STAY HEALTHY IN THE HEAT



HOT CARS CAN BE DEADLY

Don't leave children or pets in cars; call 911 if you see a child or pet in a car alone.



BEWARE OF HEAT-RELATED ILLNESS

Call 911 if you see these symptoms: high body temperature, vomiting, and pale and clammy skin.



STAY COOL

Go to an air conditioned place, park, or pool.



SUMMER CLOTHES

Wear lightweight, light-colored clothes.



PLAN YOUR DAY

Avoid going out during the hottest hours, and wear sunscreen.



HELP OTHERS

Check on those at risk, like the sick, older adults, pregnant women, and children.



DRINK WATER

Fill a reusable bottle with water and bring it with you.



SHADE

Bring a hat or umbrella with you when you're out.

Call 211 for Cooling Centers where you can go for free to stay cool.

10 TIPS

FOR BETTER HYDRATION

WATER

ISN'T THE ONLY THIRST QUENCHER



FOOD CONTAINS WATER, TOO



GOOD PERFORMANCE

REQUIRES HYDRATION

TRACK YOUR HYDRATION

STAYING HYDRATED IS IMPORTANT ON

MANY LEVELS

BEWARE OF

DRINKING TOO MUCH WATER

Sometimes water isn't enough



HUNGER

IS A COMMON SIGN OF DEHYDRATION

THIRST

ISN'T THE ONLY SIGN OF DEHYDRATION

STAYING HYDRATED AID WEIGHT LOSS



myfitnesspal

Infection Prevention & Control (IPAC)

Our priority here at Grandview Lodge is the safety and comfort of all residents, as well as the employees, friends, and family that care for them.

We would like to take this time to remind everyone that all infection prevention and control measures must be adhered to when in the home. Anyone who enters the home is required to sign-in in the log book at the entrance and wash their hands with the provided Alcohol-Based Hand Rub.



We understand how important it is for family and friends to visit their loved ones; however, it is important that you stay home if you are sick.

Taylor Reichheld, IPAC Coordinator
Ext. 2229

IPAC: Spot the Differences!
Can you find the differences between these two pictures?



Dietary Services

Its time to get the Grill ready!!

BBQ season is here again!! Starting in July until the end of August, we will be hosting monthly BBQs for each home area. Residents and staff are welcome to enjoy a grilled lunch with entertainment under the pavilion in Centennial Gardens (weather permitting of course). If there is inclement weather, the BBQ will be held in that home areas dining room. BBQs will take place on Tuesdays on a rotational basis for each home area, please check your events calendar to find out the date of your designated BBQ.



Of course, we will be kicking off July with a special **Canada Day Lunch** and receiving extra help hulling local strawberries from our residents!!

We are also excited to bring some fun food holidays to light:

July 3rd we will celebrate Chocolate Wafer Day!!

July 6th we will have finger licking **Fried Chicken Day!!**

July 12th we will embrace **Pecan Pie Day!!** (I'm hoping to top that with Vanilla Ice Cream)

July 21st a people pleaser **Junk Food Day!!!**

July 25th we will celebrate **Hot Fudge Sundae Day!!**

And **July 30th** we will finish the month strong with a fan favorite celebrating **Cheesecake Day!!**

We hope you all have a wonderful July and enjoy all of its delights!

Taryn Lynn, Supervisor, Dietary Supervisor
Kaitlyn Myles, Registered Dietician

Facility Operations

Welcome July!!

For those of you who may not know, my name is Kristen VanKuren and I typically work part-time as a Supervisor of Dietary Services; however, I will be supervising the Housekeeping & Laundry departments in the interim, until a permanent Supervisor of Facility Operations is secured. With that being said, I will be working full-time hours effective immediately and my office is located at the end of the Evergreen South Hallway.



Prior to Kellen's departure, he worked diligently to upgrade various aspects within Grandview Lodge and many of those projects are well underway!

We currently have an HVAC (Heating Ventilation and Air-conditioning) team on-site, who are working on the implementation of an upgraded HVAC system—which we will all benefit from, once it's up and running.

Rogers Ignite has also been present in the Home, working on removing our old cable boxes and replacing them with new Ignite Boxes. This process will continue until all of the cable boxes have been replaced with upgraded ones. These cable boxes will be plugged into Resident's television sets and will have a better selection of channels for Resident's leisure and enjoyment!

Kristen VanKuren
Acting Supervisor, Facility Operations
Ext. 2241

Programs & Support

I'm very excited to announce that our **VeloPlus Wheelchair Bike** is tuned up for the season and ready to go!

The VeloPlus wheelchair transport bike is designed for transporting people, who can remain seated in their own wheelchair, by cycle. The passenger is not required to be transferred between the wheelchair and the cycle. The co-rider can be wheeled onto the plateau of the cycle easily without having to be lifted. The tilted ramp makes it easy to roll the wheelchair onto the wheelchair bike and fasten it properly with the wheelchair lock. The optional winch system makes this even easier. Instead of the driver using his or her own power to push the wheelchair user, including the wheelchair needing to go up or down, the electric winch takes over.



Recreation staff are trained and will be inviting residents for a bike ride throughout the summer! We have set an approved route that we must follow that takes us through Lions Park and back to Grandview.

We are actively recruiting for bike volunteers so we may offer more scenic rides for our residents. If you or someone you know would like to be trained to take residents for a ride please contact me, cfisher@haldimandcounty.on.ca ext. 2233.

If you would like to watch a quick video on how the bike operates, please visit:

<https://www.youtube.com/watch?v=IYZhdJFvcoo>



Our Dunnville Fire Department included our GVL residents in their annual Decoration Day. Staff helped to have residents outside to welcome the colour guard and trucks. We are all thankful for our local fire department.

On June 1st, we remembered our residents that we said goodbye to at the Annual Memorial Planting ceremony. Thank you to the families and staff for donations of flowers and assisting with planting a beautiful annual.

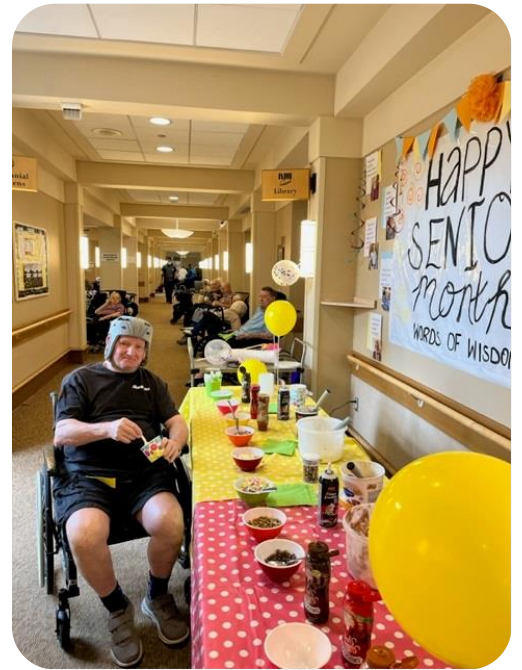
Forever in our hearts...

Roy Alton
Harvey Arnold
Harold Bassindale
Reg Bentley
Eleanore Black
Patricia Black
Margaret Davidge
Edna Esselment
Val Eckersley
Robert Flint
Winnifred Gallant
Doretta Wolfe

Gary Godden
Milton Grasley
Doug Hines
Wava Hoover
Velma Huntington
Bill Jones
Ken Kittle
Esther Kristensen
Marjorie Lazenby
Eryka Lomnicki
Phyllis Marr

Charles McKay
Mary Middler
Josephine Murtagh
Walter Noonan
John Patterson
Sandra Richardson
Betty Sepp
Sandy Szoke
Elizabeth Teer
Thelma Ward
Gord Wilmore

June was **Seniors Month** and to celebrate we had an ice cream sundae bar that Dairy Queen would be jealous of! Many enjoyed a variety of flavours with toppings, whipped cream and, of course, a cherry on top!



Grandview hosted an evening **Canada Day** celebration at the end of June, with Residents, family and friends!

As we look forward to July and the warm weather, resident will have the opportunity to attend outings to Hippo's for Ice cream as well as BBQ lunches in our Centennial Gardens.

We are planning a Squeeze the day, Lemonade Social on July 19th.!

Please remember a hat and sunscreen when taking your loved one outside. The sun is strong and not always our friend.



On June 28th, Grandview Lodge celebrated **Pride** and being an ally to our community and supporting 2SLGBTQ+ persons. We support an inclusive workplace as well as a safe community for persons living in our home. We advocate for rights for all and celebrate the progress made towards a more inclusive society.



Cathy Fisher,
Supervisor, Programs & Support
Ext. 2233

UPCOMING EVENTS



Tuesday BBQs are BACK!

Rotating weekly, Residents from each Home Area will be served a BBQ lunch in the Centennial Gardens Pavilion!

Squeeze the Day!

GVL is celebrating Lemondae Day on July 19th at 2:00 p.m. in Centennial Gardens!



Pub Night!

GVL will be hosting a Pub Night on July 25th!



Don't forget to check out the monthly Recreation Events Calendar for more entertainment, programming and outing information!

Event calendars can be found outside of each Home Area or by connecting with the Recreation Team!



*The Hair Salon will be **closed** for the month of July*

HAPPY BIRTHDAY

Norm Adams

Tex Cheese

Wanda Chivers

Nick Dykstra

Joan McEachern

Neal "Satch" Page

Jerry Sone

Lori Spadafora

Maurene Tweedle

Lori Vanderbeek

Wishing you a wonderful year filled with special moments, good health and happiness!



Grandview Lodge welcomes:

Gaetane Roy & Yvonne Rice to Creekview!

Beryl Wood & Barry Moore to Hillview!

We are so pleased to have you with us!



It is with heavy hearts that we say goodbye to...

Ron Rice

Barbara Christie

Theresa Jacob

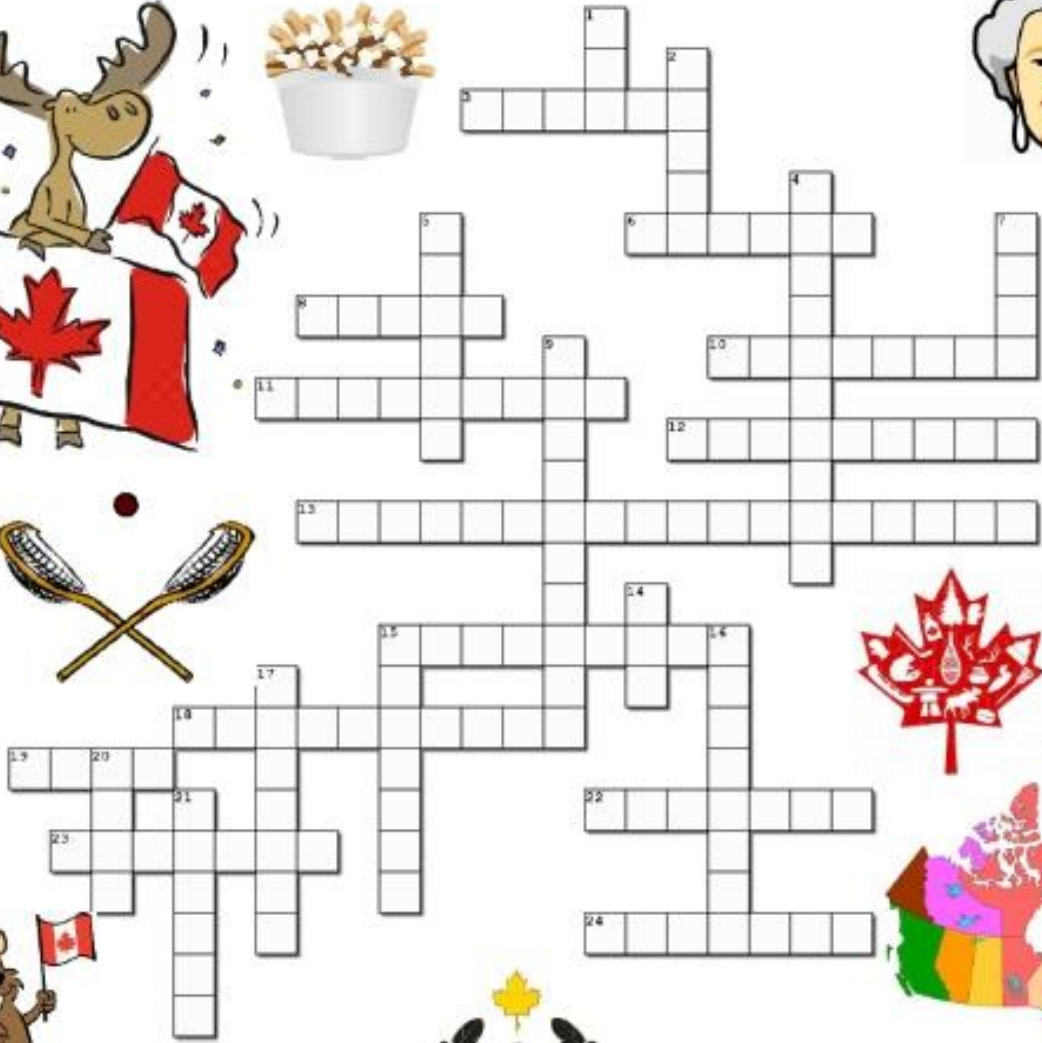
Sonja Pietersen

Barb Cronk

Barbara Ullman

Name : _____

All About Canada



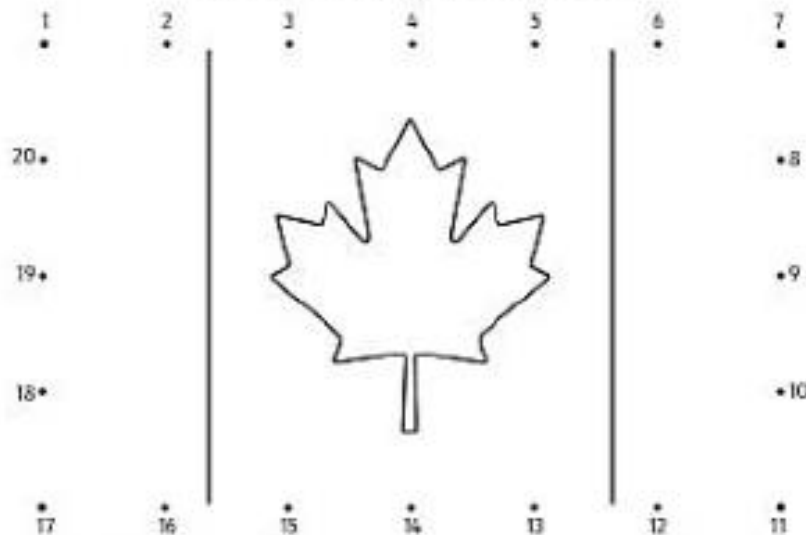
ACROSS

3. One of the national languages
6. National animal
8. Number of territories
10. National sport
11. National symbol
12. Animal on the \$2 coin
13. Smallest province
15. Head of State: Queen _____ II
18. Indigenous/first people in Canada (starts with A)
19. Birthday month
22. Animal on the 25¢ coin
23. Food invented in Québec
24. National anthem

DOWN

1. Number of provinces
2. One of the national colours
4. Type of government
5. Biggest province
7. Number of Great Lakes (1 is in the USA)
9. A popular ball sport invented in Canada
14. One of the national colours
15. One of the national languages
16. Type of pizza invented in Ontario
17. Largest city in Canada
20. Animal on the \$1 coin
21. Capital of Canada

Canada Flag Dot to Dot



GRANDVIEW LODGE

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Mission Statement:

“With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents.”

Contact us:

Administrator

Amy Moore Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228

Dietitian

Kaitlyn Myles Ext 2240

Director of Nursing

Kim Eros Ext 2234

Associate Director of Nursing

Charlotte Hutchinson Ext 2226

Acting Supervisor, Facility Operations

Kristen VanKuren Ext 2241

Supervisor, Programs & Services

Cathy Fisher Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, MV Ext 2303

Bev Little, BV Ext 2300

Gayle McDougall, HV Ext 2302

Megan Herkimer, CV Ext 2301

Physicians

Dr. Kamouna Attending Physician/
Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurram Khan Physiotherapist

Bobbi-Jo Biggley Hairdresser &
Barber **Closed for July**

Lisa Mederios, RPN Foot Care

Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Jodi Walsh, 905 774-7547, ext. 2221.