



Grand Viewpoints

Administrator's Message

Welcome to Fall 2022!

Along with the weather and the leaves on the trees, Grandview Lodge is also going through some changes. Here is a quick summary of some operational changes within the home. I am happy to discuss any of the following information in greater detail with you. Please stop by my office or schedule an appointment if you would like more information.

- Regretfully, Mary Roberts is no longer with Grandview Lodge. We are actively recruiting to fill the position of Associate Director of Nursing. Until the position is filled Residents and family members with questions, suggestions, concerns or compliments connected to the nursing department should contact Jelte Schaafsma, Director of Nursing.
- Staffing levels in all health care facilities continue to be a concern throughout the province. Grandview Lodge is actively recruiting staff for our nursing and dietary departments. With the support of the Haldimand County Human Resources Department and in collaboration with the unions we are looking for new and exciting ways to attract new staff to join the GVL team.
- Grandview Lodge and Niagara College hope to partner in the winter to bring the Personal Support Worker Certificate program to Grandview Lodge. The viability of this program is dependent on enrollment. If you or anyone you know is interested in a rewarding career in the health care field please join us at the **GVL/Niagara College information session in the Grandview Lodge auditorium on November 16, 2022 at 5:00 p.m.**
- The transition to the Roger's Ignite Cable service has been delayed while we work together to develop a less complicated process for transferring resident rental information. Stay tuned!
- Covid-19 interventions/restrictions remain in place for LTC homes in Ontario. Updates will be provided through mass messaging emails and on our website. GVL continues to advocate on behalf of our residents and visitors to ensure that the rights of our residents are upheld and that they receive the same rights as all citizens.



It is time to say goodbye to Rhoda and Lucy. In the coming weeks, our chickens will be rehomed. A special thank you to everyone that helped care for our feathered friends who brought so much entertainment to our residents. We look forward to restarting this program again in the spring with the "Hatching Program". Any chicken dinner served immediately after their departure would be purely coincidental ☺

*Jennifer Jacob,
Administrator*

Nursing Department



With Cold and Flu season ahead it is important for residents, staff, families and visitors to balance measures that are *still* needed to reduce the spread of potential viruses and the importance of overall resident health, wellbeing and quality of life.

It is imperative to follow the requirements set by the home. All staff, families and visitors must wear a medical procedure mask for the duration of their shift/visit. Visitors may share a meal, snack or beverage with their resident in the resident’s room, outdoors or within the unit in a designated distanced space from other residents.

See the RPN/RN on shift to confirm an appropriate location.

Vaccinations remain one of the key defenses against the Flu and COVID-19 and all visitors to GVL who are eligible are encouraged to get vaccinated. The Ontario government has announced the rollout for the bivalent COVID-19 booster dose, which targets both the original COVID-19 virus as well as the Omicron variants. We are in discussion with Public Health about the delivery of this vaccine and will be contacting residents and families for consent soon. Our influenza vaccine should be available to us during the month of October and we will be preparing for the administration of this vaccine very soon.

Please remain vigilant and follow the protocols set in place by the home.

Jelte Schaafsma
Director of Nursing



Brenda Boddy
Margaret Cushenan
Agnes Hiltz
Velma Huntington
Esther Kristensen

Harold MacPherson
William Moore
Cornelia Pyle
Anne Silverthorne
Marilyn Tupper



Carmelle Walker

With Heavy Hearts We
Said Goodbye to:



Programs and Support

We want to welcome our surveyors from Accreditation Canada Cindy Donavon and Susan Veenstra on October 3rd, 4th and 5th. Thank you to everyone who has assisted Grandview Lodge with the preparation of our upcoming survey. We truly appreciate everyone's support.

Cindy Donovan is Chief Executive Officer at Loch Lomond Villa, which is a large, long term care centre in Saint John, New Brunswick. She has held this position since 2001. She has made significant contributions to the organization by implementing strategic planning, best practices, research, transformational culture change in person centered care, quality of service, the nurse practitioner role, project management, and several infrastructure improvements.

Susan Veenstra is currently a member of the In Initiative Inc. team which is a consulting agency. She holds the position of Lead - Clinical Operations and her area of expertise is in the Seniors Housing Industry.

On Wednesday October 5th all staff, residents and family are invited to attend Accreditation Canada's General Debriefing in the Auditorium from 10:30 – 11:30 a.m. Please join in!

*Amy Moore,
Supervisor, Programs and Support*

October



Our **Breakfast Club** will be starting in October so please take a look at the dates below for your home areas day. Come on out and help the management team make breakfast with the residents!

October 13th – Bridge View

October 20th – Marsh View

October 27th – Creek View

November 1st – Hill View

November 10th – Marsh View

November 17th – Creek View

November 24th – Bridge View

November 29th – Hill View



Thanksgiving Dinner: October 9th at 12:00 . Meal tickets can be purchased at the front desk before October 7th.

Resident Council & Food Committee: October 27th at 10:30 a.m. in the Gathering Room

Halloween on October 31st! Come dressed in your best costume and have some FUN

Family Council November 1st at 6:00 p.m. in the Board Room

Dietary Services

Bowel irregularity and the importance of fibre and hydration

Did you know constipation is generally described as having less than three bowel movements per week?

Potential causes of irregular bowel habits in older adults include:

- Decreased mobility
- Medical conditions
- Side effects of medications
- Low dietary fibre and fluid intake

Effects of irregular bowel habits can lead to:

- Reduced appetite and intake
- Pain/discomfort
- Increased risk of skin breakdown
- Fecal impaction or obstructions
- Hospital admissions
- Death
- Increased risk of falls
- Limited participation in activities

Dietary fibre helps to promote regular bowel activity. For adults 50 years of age and older, the recommended amount is 21-30 g/day. In long-term care, we offer prune juice, stewed prunes, and/or fruitlax as high fibre interventions. Additional sources of fibre at meals and snacks include: fruit, vegetables, whole grain products, and legumes.

Hydration is also important because liquids add fluid to the colon and can help soften stool making it easier to pass. Without adequate hydration, fibre can have negative effects that can worsen constipation (think of going down a dry waterslide – you will get stuck).

Communication is Key



Taryn Lynn
Supervisor, Dietary Services



Ontario's municipalities are vital partners in the province's long term care system.

Part of the not-for-profit sector, municipalities have been operating homes and providing care for seniors for more than 150 years. Municipalities operate almost 1 of every 5 long term care homes in the province and are home to almost 1 in 4 Ontarians receiving long term care.

Municipal homes are unique in the long term care sector in that they are part of an integrated system of municipal services within their communities. Planned, operated and partially funded by municipal governments, the homes tailor their services to meet local needs. Because they are such an integral part of their communities and connected with other services, they are often people's first choice for long term care. They have high satisfaction rates and quality outcomes.

The current mandate for the municipal delivery of long term care services is set out in the Fixing Long-Term Care Act, 2021, which specifies that every upper or single-tier southern municipality is required to maintain at least one municipal home, individually or jointly.

Grandview Lodge is owned and operated by Haldimand County. Haldimand County Mayor and Council are the equivalent to a Board of Directors.

Your voice matters! To facilitate voting for Grandview Lodge residents, Haldimand County is pleased to provide a special voting opportunity for residents of Grandview Lodge.

A Poll will be set up in the Gathering Room at Grandview Lodge on October 14th from 10 am – 12pm.

Note: there will also be an advanced poll in the Auditorium at GVL this day for the public & this is separate from the Poll we are setting up for the residents.

Additionally: Leading up to the voting deadline candidates for the municipal election may be campaigning at the home. Grandview Lodge is a neutral partner in the elections process. We are committed to upholding the Resident Bill of Rights- Citizenship and as such we will share our knowledge of any canvassing at GVL so that you have an opportunity to engage with the candidates. Any events in the home for campaigning purposes can be facilitated at the request of any candidate and the information regarding the dates and times will be posted in your home areas for you to attend at your discretion. Alternatively candidates may choose to attend the home and meet with you one on one with your consent.

GRANDVIEW LODGE

657 Lock St W
Dunnville ON N1A 1V9

Phone: 905 774-7547
Fax: 905 774-1440
Web: www.haldimandcounty.ca

Mission Statement:

“With comfort, compassion and care,
Grandview Lodge Community supports
a meaningful life for residents.”

Contact us:

MANAGEMENT:

Administrator

Jennifer Jacob Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228

Kristen VanKuren Ext 2237

Dietitian

TBD Ext 2240

Director of Nursing

Jelte Schaafsma Ext 2234

Assistant Director of Nursing

TBD Ext 2229

Supervisor, Facility Operations

Kellen Mowat Ext 2241

Supervisor, Programs & Services

Amy Moore Ext 2233

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, HV Ext 2303

Bev Little, CV Ext 2300

Gayle McDougall, BV Ext 2302

Megan Herkimer, MV Ext 2301

Physicians

Dr. Kamouna	Attending Physician/ Medical Director
Dr. Ezzat	Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurrum Khan	Physiotherapist
Bobbi-Jo Biggley	Hairdresser & Barber
Lisa Mederios, RPN	Foot Care
Rosanne Turenne, RDH	Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Sarah MacNeil, 905 774-7547, ext. 2221.



Visiting Hours

Monday to Friday
8:30 a.m. – 8:00 p.m.

Saturday & Sunday
10:00 a.m. – 6:00 p.m.