



GRAND Viewpoints

Message from the Administrator for May 2022

Welcome Spring And All That Is NEW

Hello Residents, families and friends,

It is great to see the sun shining and to feel it's warmth penetrating through the windows. It is still a bit chilly outside at times so be sure to dress appropriately when heading outdoors for the uplifting effects of the Spring air and beneficial vitamin D from the sun's rays.

We are excited at the thought of resuming our outdoor group events and sharing them with our friends and family members once again.

WHAT's NEW at GRANDVIEW

Fixing Long Term Care Act

On April 11, 2022 the new legislation and regulations for long-term care homes came into effect. The legislation is called *Fixing Long Term Care Act, 2021 (FLTCA)* and the associated regulations are found under O.Reg. 246/22.

The majority of the legislated requirements previously identified in the old Act remain in place with the new legislation focusing on changes to improve issues or concerns within the LTC sector that came to light initially through The Long-Term Care Homes Public Inquiry (Wettlaufer) and subsequently through independent and provincial inquiries/findings related to the COVID-19 Pandemic response and the impact on LTC.

Upon initial review of the FLTCA, we are pleased to advise you that many of the new requirements are, and have been, in place and practice at Grandview Lodge. We believe the new legislation aligns well with our home's values and we will keep you advised of any quality improvement plans resulting from a more thorough review of the legislation.

For anyone interested in learning more about the new legislation or reviewing the ACT the following information is available.

Document

- *Fixing Long Term Care Act, 2021* <https://www.ontario.ca/laws/statute/21f39>

YouTube Video- watch anytime.

- An Overview of the *Fixing Long-Term Care Act, 2021* A Webinar for Residents, Families and Caregivers: <https://www.youtube.com/watch?v=HBe7LU28bdE>

Webinar- scheduled video presentation

- LTC Home Residents' Bill of Rights – What's Changed?, May 18th from 2pm-3pm

- Purpose: To educate and support long-term care (LTC) home residents and team members with understanding and implementing recent changes in LTC legislation. In this session, the OARC team is joined by Jane Meadus, Barrister and Solicitor and Institutional Advocate from the Advocacy Centre for the Elderly (ACE) to present an over-view of the newly expanded Residents' Bill of Rights from the *Fixing Long-Term Care Homes Act, 2021*. This session will also highlight some of the other areas where Residents' Councils have increased scope of influence and engagement in the new LTC legislation, including emergency planning and continuous quality improvement.
- Attend a viewing May 18th from 2pm-3pm at Grandview Lodge in the Theatre Room

Or

- Register here: https://us06web.zoom.us/webinar/register/WN_XV03FQ0vRn6GUdhNvlzrfQ

Pool Table

On Friday May 5th the home received an addition to our Games Room.

Thanks to a generous monetary donation from Neil Page and his family, and the Grandview Lodge Residents Council, the home now offers a pool table for any residents and their families who are interested in playing some billiards. This is a welcomed addition and a few residents have already been out to shoot pool.

We would like to thank Cheryl Page Wegelin for sharing her knowledge, sourcing the table and working closely with the GVL team in making the idea a reality.

Many considerations were taken into account when choosing the table to ensure it was the right fit for the majority of the residents. A smaller table requires less energy to get around, provides stability and does not require as much force to make the long shots. The yellow felt is a good contrast to the balls and the pockets for aging eyesight. We will be purchasing some smaller cues in the near future to assist with dexterity.



Resident Neil Page
Contributor and billiards enthusiast



Resident Jim Lofstrom
Sinking the shot

HAPPY RETIREMENT

Lori Beale, Resident Services Clerk is retiring after working at the lodge just shy of 28 years.

Many of you see Lori on a regular basis either assisting you with your banking, delivering your mail, booking your appointments or simply as the smiling face that greets you at the front counter and makes time for a little chat.

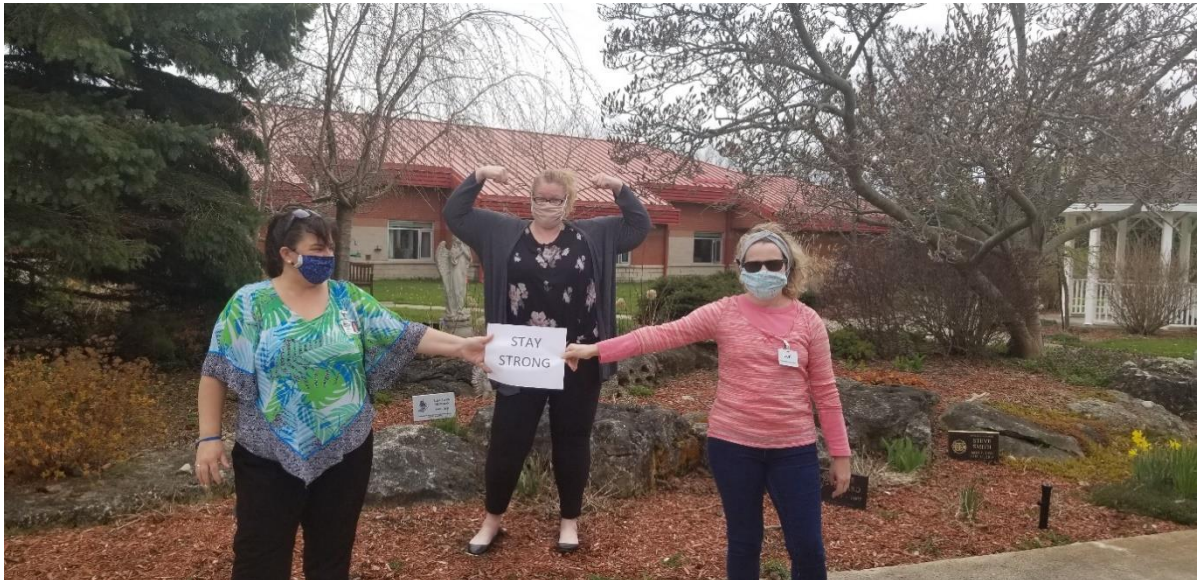
Behind the scenes Lori has been a strong advocate for quality from the fee for service providers at the home and has kept a watchful eye on billing on behalf of the residents. Lori has also taken on an unofficial role of budgeting assistant for those who may be inclined to make impulse purchases at the Tuck Shop (much like myself ☺).

Please join us on Lori's last day of work, Thursday May 12, 2021 at 2:00 pm in the Nature Room for cake and well wishes.

Thank you Lori for your commitment to the Residents of Grandview Lodge, we wish you happiness and health as you enter this next chapter filled with family, friends and travel – GO LEAFS!



*Jennifer Jacob,
Administrator*



*to our newest
Residents!*

- Ella Cook
- Harold Bassindale
- Meagan Booth



- Margaret Davidge
- Wava Hoover
- Martha Jones
- Marian Mayberry
- Jane McConachie
- Shirley Mumby
- Sonja Pietersen
- Babette Sepp



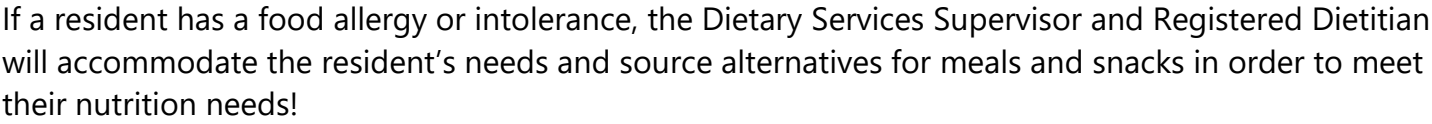
Understanding food allergies and intolerances will help provide protection for our residents from adverse reactions. Let's look at common food allergies and intolerances and how we can keep our resident's safe!

A food allergy is a reaction of the body's immune system to a specific protein in food, in which it is mistakenly identified as being harmful.

- **Skin** – hives, swelling (face, lips, tongue), itching, redness
- **Respiratory** – coughing, wheezing, throat tightness, nasal congestion
- **Gastrointestinal** – nausea, abdominal pain/cramps, vomiting, diarrhea
- **Cardiovascular** – weak pulse, dizziness, light headedness
- **Other** – anxiety, headache, metallic taste

A food intolerance is an unpleasant reaction that does not involve the immune system. They are more likely to affect the gastrointestinal system causing the inability to digest or absorb certain components of foods. Lactose intolerance is the most common type, which occurs when the body cannot digest lactose (sugar in milk) due to lacking the enzyme lactase. Symptoms can include abdominal pain, bloating and diarrhea.

A genetic disease (autoimmune) in which the small intestine is damaged by eating foods that contain gluten. Gluten is a type of protein that is found in many grains such as wheat, barley, and rye. For individuals living with celiac disease, a gluten-free diet can help improve their health and well-being.



**Taryn Lynn,
Supervisor, Dietary Services
Brooklyn Seal,
Dietitian**

User Fees

As of May 1, 2022 the following User Fees will be in effect:

Cable TV	
Family Overnight Suite	\$44.00/night
Guest Meal Tickets	\$ 8.25
NSF Cheque	\$38.00
Transportation – 15 minute increments	\$18.75

Programs

Our first ever chicken hatching program went very well on Bridgeview! It was so nice to see everyone contribute to the success of this program and a special thank you goes out to our Director of Nursing Jelte Schaafsma who let us borrow his incubator for the eggs to hatch. We hope to do this program again on other home areas and potentially keep one or two chickens in the future. Check out the pictures under *Bridgeview Happenings*.

We had a great time at our volunteer luncheon and it was wonderful to see so many people in attendance. Volunteers bring so much joy and happiness to our residents and staff and if you or someone you know would like to volunteer please contact me directly at 905-774-7547 ext. 2233 or email at amoores@haldimandcounty.on.ca.

On June 2nd at 6:30 p.m. we will be having our annual Memorial Planting in memory of all the residents we have lost over this past year. This year, we are very excited to be able to invite family members back in to assist with the planting ceremony and enjoy some refreshments with staff and residents. This event takes place in our Centennial Gardens and it is a wonderful way to commemorate those residents who have touched our lives. Invitations will be going out shortly with more information.

The Dunnville Parkinson’s Society Support Group runs out of Grandview Lodge and if you or your loved one are interested in attending one of these meetings please reach out to **Mandy McDonagh** Coordinator, Programs and Services Parkinson Society Southwestern Ontario | 1-888-851-7376 t: 519-652-9437 ext 204. Once confirmed Mandy will then let the support group facilitator know who and they will then send out the meeting notices. It is currently running the last Saturday of each month from 1:30-3:00 p.m. The next meeting is on May 28th. We missed letting everyone know that April was Parkinson’s Awareness Month. You can visit <https://psso.ca> for more information.



APRIL IS...

PARKINSON'S
AWARENESS MONTH

#ILoveSomeoneWithParkinsons celebrates the person living with Parkinson's. Our true heroes.

LEARN MORE HERE

Upcoming events

- ❖ Sing along with Karen Traver every Monday at 2:00 p.m. Please check your recreation calendar for the day and time.
- ❖ Hymn Sing every Tuesday morning at 10:30 a.m. in the Gathering Room.
- ❖ Cinco de Mayo May 5th!
- ❖ Shuffle Bowl with Denny Friday mornings in the Games Room.
- ❖ Outings May 11th for BV/HV.
- ❖ Gary Smith performs for BV/HV on May 19th and May 25th for CV/MV at 2:00 p.m.
- ❖ Residents' Council & Food Committee May 26th at 10:00 a.m.
- ❖ Family Council TBD

Amy Moore,
Supervisor, Programs & Services

Bridgeview Happenings

What an exciting past month this has been in Bridgeview with the arrival of our ten baby chicks at the beginning of April. They sure know how to draw a crowd and brighten everyone's day. A special thank you to Kellen and Jelte for their knowledge and expertise in helping us learn through this process. The residents enjoyed being a part every step of the way. Bridgeview has also been very busy getting ready for the nice weather with planting seeds for the outdoor garden spaces and partaking in an Easter horticulture program. We have resumed bus drives in the community again. It is wonderful seeing all the families, friends and volunteers back in the home creating such a vibrant energy.





*Bev Little,
Therapeutic Recreationist*



Easter Egg Hunt 2022



GRANDVIEW LODGE

657 Lock St W
Dunnville ON N1A 1V9

Phone: 905 774-7547
Fax: 905 774-1440
Web: www.haldimandcounty.ca

Mission Statement:

“With comfort, compassion and care,
Grandview Lodge Community supports a
meaningful life for residents.”

**Contact us:
MANAGEMENT:**

Administrator
Jennifer Jacob Ext 2224

Supervisors, Dietary Services
Taryn Lynn Ext 2228
Kristen VanKuren Ext 2237
Dietitian
Brooklyn Seal Ext 2240

Director of Nursing
Jelte Schaafsma Ext 2234

Supervisor, Facility Operations
Kellen Mowat Ext 2241

Supervisor, Programs & Services
Amy Moore Ext 2233

ADMINISTRATION:
Resident Services Clerk Ext 2221
Accounts Clerk Ext 2222
Administrative Assistant Ext 2223

NURSES STATIONS:
Bridgeview Ext 2238
Creekview Ext 2262
Hillview Ext 2247
Marshview Ext 2261

RECREATIONISTS:
Gayle McDougall, HV Ext 2302
Megan Herkimer, CV Ext 2301
Bev Little, BV Ext 2300
Nicole Leeney, MV Ext 2303



With heavy hearts we
said goodbye to:
Margaret White

Physicians

Dr. Kamouna Attending Physician/
Medical Director
Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend
Physician appointments held at Grandview Lodge.
Please see the registered staff in your home area.

**The following services are available at Grandview
Lodge:**

Khurrum Khan Physiotherapist
Bobbi-Jo Biggley Hairdresser & Barber
Lisa Mederios, RPN Foot Care
Dr. McDonough Dentist
Rosann Turrene, EDH Dental Hygienist

For more information regarding the above services
or to book transportation for an off-site medical
appointment (we have a van, fees apply), please call
Lori Beale, 905 774-7547, ext. 2221.

