

Message from the Administrator for June 2022

Essential Caregiver – Is This You?

Hello Residents, families and friends,

Throughout the pandemic we have been introduced to many new terms, phrases, acronyms and titles and after a while many of these become confusing.

One of the most important titles or designations to come from the pandemic response is the "Essential Caregiver" (EG), but who is that and what is required of them? In order to fully appreciate the role of the EG, lets also take a look at the other people who play important and supportive roles for our residents.

Substitute Decision Maker (SDM)

A substitute decision-maker is someone who makes decisions on another person's behalf if they become unable to make them themselves. Substitute Decision-Makers (SDM) are usually close relatives.

If you become unable to make decisions, your doctor or other health care providers must contact your substitute decision-maker for their consent before your doctor or other health care providers can give you treatment. The law requires the following order of representation be followed.

Substitute Decision Makers List:

- 1. A guardian with the power to give or refuse consent to treatment
- 2. A Power of Attorney for personal care with the power to give or refuse consent to treatment
- 3. A person chosen by the Consent & Capacity Board
- 4. A spouse or partner
- 5. A child (over 16 years of age) or parent or a worker from the Children's Aid Society
- 6. A parent with right of access only
- 7. A brother or sister (or if more than one sibling, brothers and sisters together)
- 8. Any other relative (related by blood, marriage or adoption)
- 9. The Office of the Public Guardian and Trustee (OPGT). OPGT is part of the Ontario Ministry of the Attorney General. 3

For Substitute Decision Makers, a health care worker who is proposing treatment must talk to the first person on the SDM list. If this person is not able, willing, or available to make health care decisions for you, the health care worker will ask the second person on the list. This will continue until an SDM is identified.

If you would like to choose the person who will make your decisions as your Substitute Decision Maker, you can make them your Power of Attorney (POA).

Power of Attorney (POA)

A Power of Attorney for personal care is someone you trust and legally choose to make health care decisions if you are not able to make them for yourself.

Who can be a Power of Attorney?

Your POA for personal care could be someone listed on the substitute decision makers list, or someone else of your choosing, such as a friend or neighbour.

A POA for personal care cannot be:

- Under 16 years old
- Unable to understand or appreciate information about treatment decisions
- Someone who is paid to provide your health care or support services

*If you have more than one POA for personal care, you will need to specify whether decisions must be made together or if one can make the decision by themselves if other(s) are not available.

Essential Caregiver (ECG)

The ECG designation is directly linked to long-term care outbreak management and resident isolation.

Essential Caregivers are the only type of visitors allowed when there is an outbreak in a home or area of a home or when a resident has failed screening, is symptomatic or in isolation.

Who can be an ECG?

- Anyone the resident or their SDM/POA chooses to designate as the resident's ECG in order to provide physical and or emotional support to a resident when the home is in outbreak or the resident is isolated.
- The ECG must complete Grandview Lodge's ECG Training before they are considered an ECG
- The ECG must have all recommended doses of a COVID-19 Vaccine

A maximum of two (2) ECG's may be designated at one time. The ECG may be, but is not limited to, the residents SDM or POA. For example a resident may have their Power of Attorney make care decisions on their behalf via telephone during an outbreak and have their best friend and granddaughter designated as their Essential Caregiver. In this case, only the friend and granddaughter will be allowed to visit the resident in the home during an outbreak but they may not make care decisions on the resident's behalf while visiting, this remains the responsibility of the POA.

Currently GVL remains open to all visitors however we do encourage all residents to plan ahead and designate your Essential Caregivers so that they may proactively complete the necessary training and vaccination requirements in order to prevent any interruption in your visits should an outbreak occur.

To book ECG Training please contact Martina Collingridge at ext 2223.

Programs

We are so pleased to be able to have our Memorial Planting ceremony back in-person this year on June 2nd at 6:30 p.m. Invitations have gone out to all family members who lost a loved one in the past year, and all are welcome to attend. The ceremony will start out in the auditorium with a beautiful remembrance slide show created by our own Shelby Wolfe. Then all will be asked to head out to Centennial Gardens where memorial plants will be placed in the garden; after which everyone is welcome to stay for some light refreshments. Masks do not need to be worn while outdoors, however they are still required indoors. Residents and family are welcome.

We will be honoring the memory of:

Jo-Ann Kiers
Pat Mandley
Edith Newlands
Judy Buck
Stephen Buck
Mary Kozar
Claire Comeau
Stella Hoblak
Sam DeVincent
Ruth Ciezkowski
Hannah Zamprogna

Cilgen Traver
Barb Carlisle
Dr. Dunlop
Peggy Almas
Porothy Weston
Alma McDaniel
Joan Beale
Al Mylle
Thomas Pougherty
Clinton Street
Joan Cowling

Cric Nylund	
Lloyd Mumby	
Bev Maciuk	
Rachel Poulin	
Ted Bergsma	
Maria Skrip	
Elga McLaughlin	2
Norma Allison	
Mary Boggio	
Glen Meadows	
Margaret White	
John MacNeil	



On June 5th the Dunnville Firefighters will be holding their Annual Decoration Service. This year marks their 125th Anniversary and they will be marching from the fire station to Riverside Cemetery. As they march they are making a special stop by Grandview Lodge around 11:15 a.m. Residents and family members are welcome to watch the parade at the front of GVL. We want to send a special thank you to the Dunnville Firefights for including us on this special ceremony!

Don't forget the Mudcat Festival will be from June 9th to 12th and if you feel like taking your loved one to the festival please ensure you let the Home Area know and sign your loved out for the day.





On June 28th Dave Burden will be here to help us celebrate Canada Day a little early. Come on out at 6:30 p.m. to Centennial Gardens and enjoy some entertainment, food and make some S 'mores!



❖ June 6 th	Karen Traver performs on Bridgeview
❖ June 9 th	Entertainment with Jack Coulson HV/BV
June 13 th	Karen Traver performs on Hillview
June 15 th	Ken Lightheart performs Creekview/Marshview
 June 20th 	Karen Traver performs on Marshview
June 22 nd	Lunch Outing to Squires – Hillview & Bridgeview
June 23 rd	Resident Council meet at 10:00 a.m.
❖ June 27 th	Karen Traver performs on Creekview

❖ Hymn Sing every Tuesday morning at 10:00 a.m. in the Gathering Room



to our newest Residents!

Jean McCann Harry Richardson



to You!

Carol Anderson
Harvey Arnold
Elvira Cook
Bill Jones
Harold Killins
Laird Lint
Eryka Lomnicki
Sharon Lowe
Charles McKay
Lynda Prentice
June Richards
Lenora Sherwood
Sandy Szoke

Rate Reduction Applications:

Although the Ministry has delayed increasing the maximum co-pay rate until October 1, 2022, Residents are still required to apply for their Accommodation Rate Reduction based on income. If you are eligible for a rate reduction (income of \$24,000 or less) and live in a basic room, please bring your Notice of Assessment for 2021 to Pamela Bonnett at the front office or email at pbonnett@haldimandcounty.on.ca **ASAP**. If you are unsure please don't hesitate to ask.

If we have not received your application and Notice of Assessment by June 15th, the rate for July must be billed at the maximum accommodation rate of \$1,891.31 per month as mandated by the Ministry.

Pamela Bonnett
Accounts Clerk

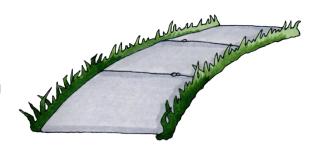
Facility Operations

As we begin to see more of our friendly faces back in the home visiting and enjoying the warmer weather; here is a reminder that Grandview Lodge is a scent reduced home and we ask that all of us be mindful of residents, staff and other visitors who may have scent sensitivities.

If you want to bring in flowers for a loved one, or staff please choose flowers that do not have strong scents. Examples of flowers to avoid are Lilacs, Lilies and Hyacinths...

We look forward to seeing everyone enjoy the warmer weather and the new walking path now connected to Centennial Gardens!!!

If anyone has any questions regarding the new walking path and its accessibility please reach out to Kellen Mowat at kmowat@haldimandounty.on.ca



Dietary

Hot Weather and Hydration

It's important to ensure our residents are hydrated each day especially as we approach the summer months. An increase in heat can increase the risk of dehydration. Let's take a look at how we can minimize the risk of dehydration for our residents!

Signs & Symptoms of Dehydration



- Confusion
- Headache
- Darker concentrated urine
- Poor skin turgor
- Fatigue
- Dry oral cavity
- Constipation
- Dizziness

While all residents must be monitored closely, pay close attention to residents who are cognitively impaired or unable to consume fluids on their own. Don't wait for signs and symptoms of dehydration to occur. Let's be proactive and offer fluids frequently to keep our residents well hydrated.

- Ask if you may assist them
- Let them know what they are drinking
- Use adaptive aides as care planned (i.e. nosey cup, two handled cup with lid)

Did you know foods high in fluid content can promote hydration too?

- Fruit/applesauce
- Ice-cream
- Popsicles
- Jell-O
- Yogurt
- Freezies



Visiting your loved one? Offer to bring a beverage along! Whether they are visiting friends or family outside or in the lounge, offer them a beverage of their choice at appropriate consistency to enjoy in good company!



Brooklyn Seal, Registered Dietitian Taryn Lynn, Supervisor, Supervisor Dietary Services

GRANDVIEW LODGE

657 Lock St W Dunnville ON N1A 1V9

Phone: 905 774-7547 Fax: 905 774-1440

Web: www.haldimandcounty.ca

Mission Statement:

"With comfort, compassion and care, Grandview Lodge Community supports a meaningful life for residents."

Contact us: MANAGEMENT:

Administrator

Jennifer Jacob Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228 Kristen VanKuren Ext 2237

Dietitian

Brooklyn Seal Ext 2240

Director of Nursing

Jelte Schaafsma Ext 2234

Associate Director of Nursing

Mary Roberts Ext 2226

Supervisor, Facility Operations

Kellen Mowat Ext 2241

Supervisor, Programs & Services

Amy Moore Ext 2233

ADMINISTRATION:

Resident Services ClerkExt TBDAccounts ClerkExt 2222Administrative AssistantExt 2223

NURSES STATIONS:

Bridgeview Ext 2238
Creekview Ext 2262
Hillview Ext 2247
Marshview Ext 2261

RECREATIONISTS:

Gayle McDougall, HV Ext 2302
Megan Herkimer, CV Ext 2301
Bev Little, BV Ext 2300
Nicole Leeney, MV Ext 2303



With heavy hearts we said goodbye to:

Helen Biggley

John MacNeil

Physicians

Dr. Kamouna Attending Physician/
Medical Director
Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Khurrum Khan Physiotherapist Bobbi-Jo Biggley Hairdresser & Barber

Lisa Mederios, RPN Foot Care Dr. McDonough Dentist

Rosann Turrene, EDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call 905 774-7547, ext. 2222 or 2223.

