

Discovery Day Week 3: It's All Fun and Games

This week we are taking the fun and games outside! Below are a few games and fun activities with little set up and minimal materials that our virtual programmers recommend!

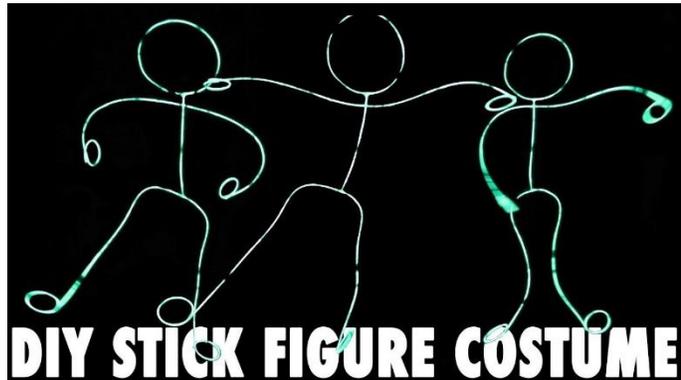
1. Glow Stick Dance Party:

Materials:

- Glow sticks (amount varies due to height of each person)
- Black pants
- Black long sleeve shirt
- Clear tape

Instructions:

- Lay out your clothing on a flat surface.
- Crack all of the glow sticks until they are fully lit.
- Make the head by placing a connector on each side of one glow stick. Then take your second glow stick and slide it in to the connector pieces to attach the two glow sticks, in a circle.
 - **Tip:* it looks best if you use two of the same colour glow sticks for the head.
- Make the feet by attaching one connector to the end of a glow stick. Bend the glow stick into a circle and connect the other side. Do this step four times to create two hands and two feet.
- Take your remaining glow sticks and lay them out in a stick figure shape on top of the clothing you laid out. Add the head and feet.
- When you are happy with your layout, begin taping your stickman to your articles of clothing, make sure to use clear tape to avoid having it show up when the light go out.
- Once your stickman is all taped, put the shirt and pants on. If any of your pieces come loose you can always reattach them with some tape.
- Find a dark space inside or wait until it is dark outside. Once you have your dark area, throw on your favourite tunes and make your stick man dance!



2. Glow in the dark ring toss:

Materials:

- Glow sticks & connectors
- Water bottles (1-3)
- Water

Instructions:

- Fill the water bottles half full and add a glow stick. You can add more than one to the bottle if you feel it needs to be brighter. Screw the cap on tight.
- Make some rings by placing a connectors on each side of one glow stick. Then take your second glow stick and slide it in to the connector pieces to attach the two glow sticks, in a circle. Make as many rings as you like.
 - **Tip:* If you are versing an opponent use different colour glow sticks.
- Set the bottle or bottles down on the floor and choose a spot to toss from.
- Your ready to play, toss your rings at the bottles. The goal of the game is to try to toss the ring around the bottle. Each ring you get on is a point!



3. Glow in the dark Bowling:

Materials:

- Glow sticks & connectors
- Water bottles (1-5)
- Water
- Ball
- Tape

Instructions:

- Gather your materials.
- Fill the water bottles half full and add a glow stick. You can add more than one to the bottle if you feel it needs to be brighter. Screw the cap on tight. You can then set up your "pins" on the ground in the shape of a triangle.
- Make some rings by placing a connectors on each side of one glow stick. Then take your second glow stick and slide it in to the connector pieces to attach the two glow sticks, in a circle. You will need two rings. **Amount of glow sticks may vary based on the size of the ball.*
- Make your ball glow by taking two glow stick rings and taping them on either side of the ball.



- Pick a starting point to throw from, and start bowling!
- Each player gets two tries to knock down the pins, each pin is worth one point. After two attempts the course is reset and the next player is up. The player with the most points after 10 rounds wins!

4. Bocce Ball:

Materials:

- Bocce Ball Set
- If you do not have a bocce ball set, substitute using:
 - Golf ball or ping pong ball
 - Tennis Balls (different colours or mark with a marker to identify the different players)



Steps:

- Someone throws the white ball.
- Players take turns throwing their balls
- The goal is to get the ball as close to the white ball as possible. The closest player gets one point. If someone's ball is touching the white ball at the end of the game that player gets 2 points.

5. Lawn Darts

Materials:

- Lawn Dart Set
- If you do not have a lawn dart set, substitute using:
 - For the target use some form of rope (ex. Skipping rope) or hoop (ex. Hula hoop) and for the darts use socks, rice and an elastic



Steps:

- Place your hoop down on the ground or make a hoop on the ground with a rope. The smaller the rope the hard it is to score points.
- Then make your darts by scoping some rice into the toes of the sock. When the toe is filled fully, place an elastic at the end to keep the rice inside. Your darts are now ready to play.
 - *Tip use different colour socks for each opponent. Each player will need two darts.

- To play you will need to pick a spot to throw from behind your hoop. The goal is to get your darts into the circle. Each dart that is in the circle at the end of the game is a point. The more darts you get into the circle the more points you get!

Here are some other fun bubble game you can play that require no materials! ☺

6. Tag

Materials: No materials

Instructions: Choose one person to be “IT”. The person that is IT must count to five and the other players must run away. The person who is IT will chase the other players, and try to touch them. If a player is touched they become the person who is IT and the person who was IT becomes a player.

*Tips: Only play this game with people in your bubble and make sure to sanitize your hands before the game starts and after it finishes.

7. Hide and Seek

Materials: No materials

Instructions: Choose one person to be “IT”. That person will count to ten while the rest of the players find a place to hide. Once the person who’s IT is finished counting they can then go look for the players. If a player is found that person becomes IT and the game restarts.

Don’t forget to add to your time capsule, either with a picture or our suggestion is placing a glow stick inside! Also submit a photo to our webpage to be entered into the discovery day contest to win a \$5 gift card for a summer treat! ☺

