

Discovery Day Week 4: Beach Days

This week we are having some art-filled fun! Below are a few games and fun activities with little set up and minimal materials that our virtual programmers recommend!

1. Rock Painting

Painted rocks has been a fun craft for many years. Recently, rock painting has turned into a kindness project movement, where people decorate a rock with a drawing or inspirational message and place them in locations for others to find as a random act of kindness. You can paint your rock for yourself, to display on a shelf, in your garden or to place around your community!



Materials:

- Rocks (various sizes, shapes, flatness – it is up to you!)
- Paint – water-based paint works best, but any paint will work!
- Paint Brushes or sponges
- Water
- Container for water to go in
- White Glue
- Newspapers to keep work area clean

Instructions:

- Pick a smooth, flat rock if able (you can decorate any, but the flat ones are easier)
- Wash the rocks to remove any dirt and let them dry
- Begin to paint your rock! You can paint a picture, an animal, a design, a motivational quote or word... its all up to you!
- When you are finished decorating, you must seal the rock so that the paint stays. You can do this by using a water-based sealer, or mix a bit of water with white glue.
- Brush some of the water-glue mixture onto your rock to seal in the beauty!

2. Pen Pals at Grandview Lodge

Pen Pals are a great way to stay connected and meet other people. Grandview Lodge is a long-term care home in Dunnville and we have partnered with them for a *Letter To Seniors Pen Pal Program!* You can write them a letter introducing yourself and/or draw them a picture! If you include your address in the letter, you may receive a letter back!

Materials:

- Writing Utensil – Pencil, Pen, etc.
- Paper
- Pencil Crayons / Crayons / Markers
- Envelope (optional)

Instructions:

- Using your writing utensil, address your letter!
 - For example, “Dear pen-pal” or “Hello pen-pal!”
- Introduce yourself to your pen-pal. You can write your name, your favourite colour, your favourite animal, or an interesting fact about yourself
- Write about what you have done this summer so far
- Draw pictures for your pen-pal!
- If you have painted a rock, you can also add this to the letter and Grandview can place it in their walkway/rock gardens!
- End your letter by asking a question such as, “what is your favourite colour?”
- Sign your letter at the end
- Deliver your letter! You can do this two different ways:
 1. Drive and deliver your letter/drawing in an envelope to our Haldimand County Administration Building located at 53 Thorburn St. S., Cayuga, ON N0A 1E0 and our virtual summer programmers will deliver this to Grandview Lodge. The staff will deliver the letter to a resident in the building.
 - a. Grandview Lodge’s Address: 657 Lock St W, Dunnville, ON N1A 1V9
 2. Take a picture of your letter/drawing and send to cdp@haldimandcounty.on.ca for our virtual programmers to print, put in an envelope and deliver to Grandview Lodge!

3. Drawing Fundamentals

Drawing can be tough! Eric Whyte, who was the lead of Camp Centre Stage for many years, has been kind enough to video a tutorial for drawing a beach scene! Watch his video via www.haldimandcounty.ca/summer2020 or on our YouTube Channel:

[https://www.youtube.com/watch?v=x3SAIwfVLBY&list=PLBjSv-06f1m2qnVwcJsOybz3D1QKnyEXG&index=12!](https://www.youtube.com/watch?v=x3SAIwfVLBY&list=PLBjSv-06f1m2qnVwcJsOybz3D1QKnyEXG&index=12)

Don't forget to add to your time capsule, either with a picture or our suggestion is placing a glow stick inside! Also submit a photo to our webpage to be entered into the discovery day contest to win a \$5 gift card for a summer treat! ☺

