

EMERGENCY PREPAREDNESS

Colouring + Activity Book



Welcome to our Emergency Preparedness Activity Book!

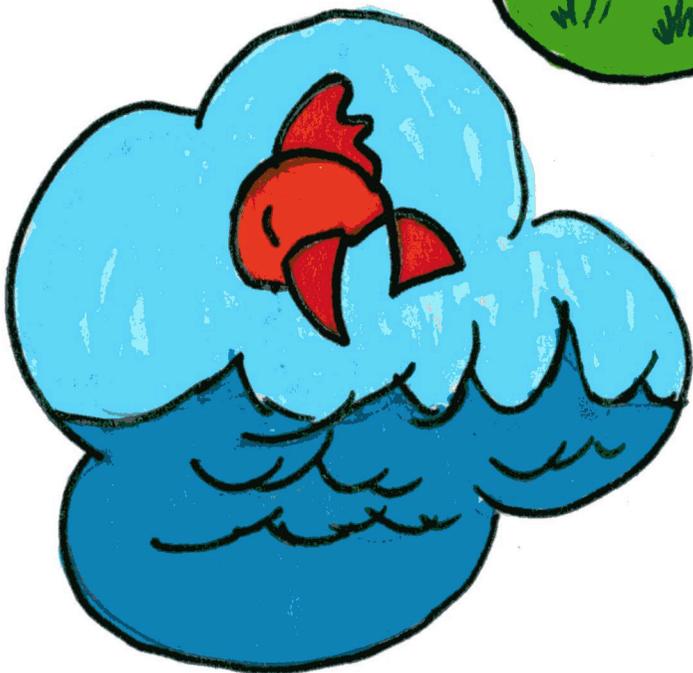
Having children understand the importance of emergency preparedness and coping with emergencies is a key element of emergency preparedness for families. Educational activities can be helpful in teaching children about how to prepare and what to do in an emergency.

Take the time to work with children on the age appropriate activity book and encourage discussions to lessen the scary impact that an unfamiliar disaster can have on them. Include your children when making your preparations and creating your Emergency Preparedness kit.

Haldimand County Emergency Services Division would like to thank Haldimand Museums co-op student Karissa Tyo for her assistance in the development of the activity books.

Rob Grimwood,
Manager, Emergency Services & Fire Chief
Haldimand County

Nature is Beautiful

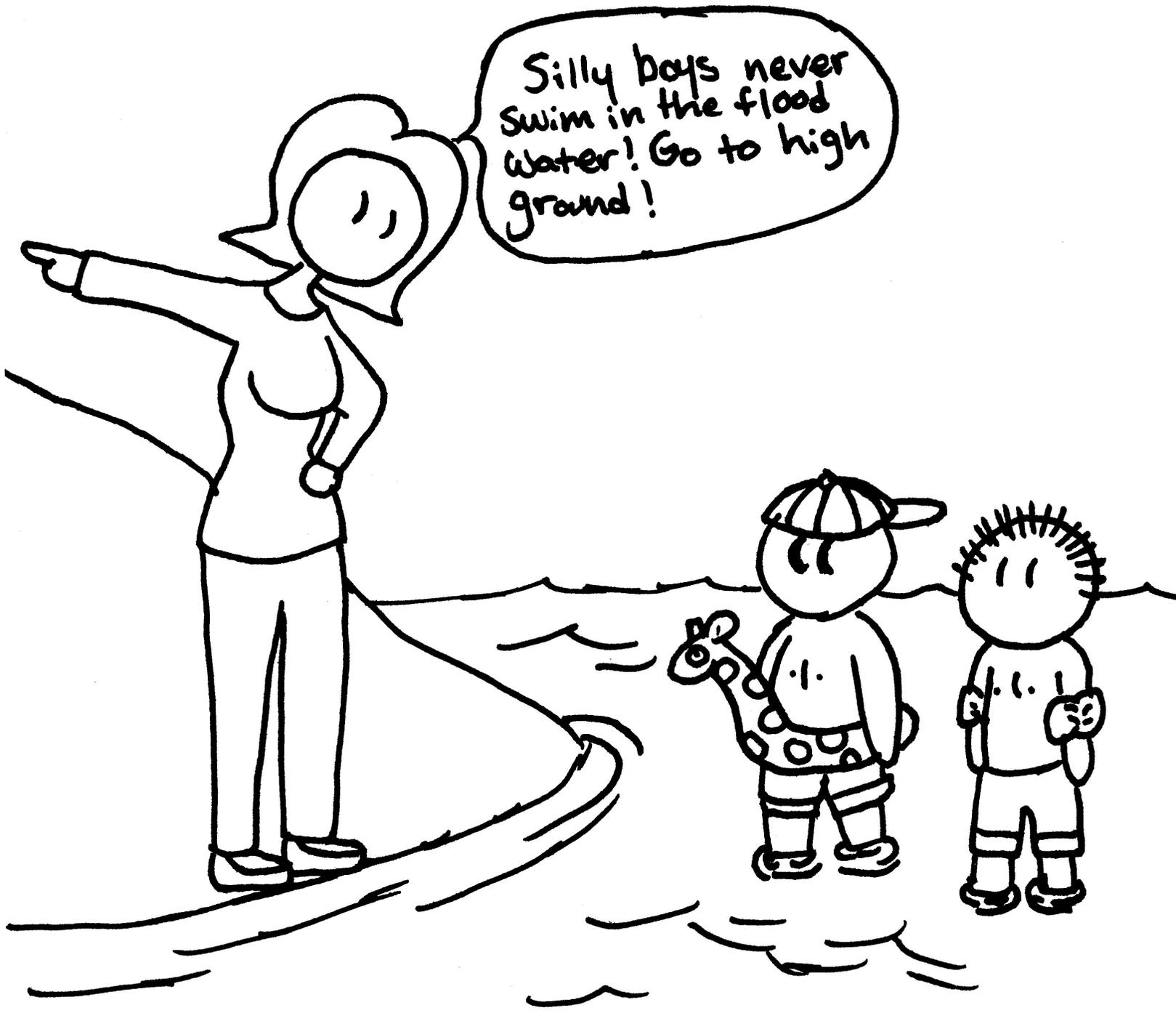




Floods

Some tips to keep you safe from floods:

1. If you come upon flood waters – STOP, turn around and go the other way. Find higher ground.
2. Stay away from flooded areas. It may look safe but the water could still be rising.
3. Never walk into a flooded area. Never try to bicycle or swim through a flooded area.
4. Never play around high water, storm drains, ditches, culverts or ravines.
5. Do not eat anything that has come in contact with flood water – it could make you sick.



Silly boys never
swim in the flood
water! Go to high
ground!



Thunderstorm

Be safe during a thunderstorm:

1. If you see lightening or hear thunder, go indoors right away.
2. If you can't get indoors, move away from tall things like trees, hydro poles, towers - these can attract lightening.
3. Never stand under a tree or out in the open because lightening will hit the highest point in an area.
4. Stay away from metal like baseball bats, bicycles, fishing rods because lightening can strike metal.
5. If you are swimming, get out of the water immediately.
6. Stay away from electric appliances, TV's, computers and telephones until the storm is over.



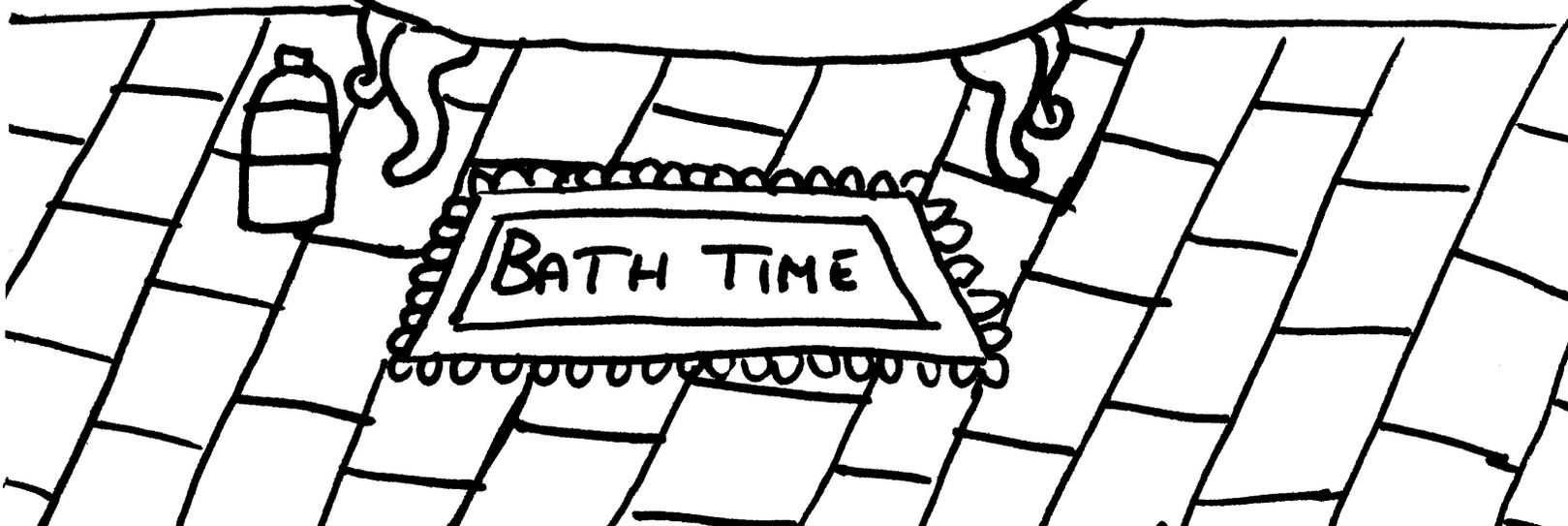
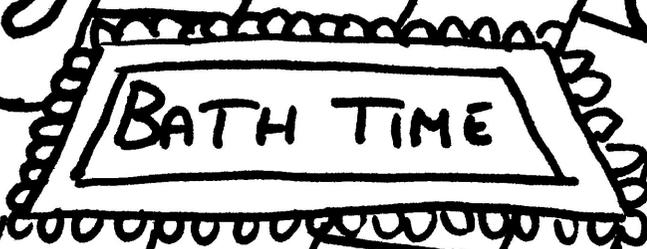
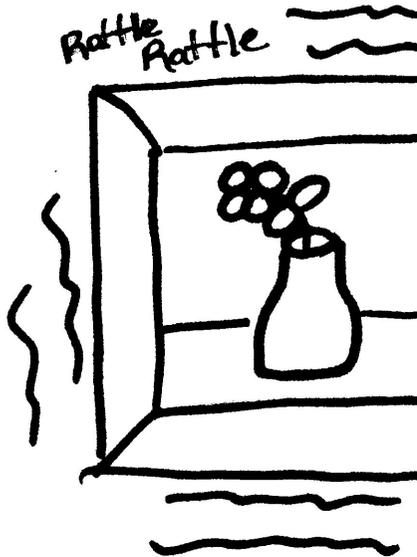
We have to go to the house where it's safe!



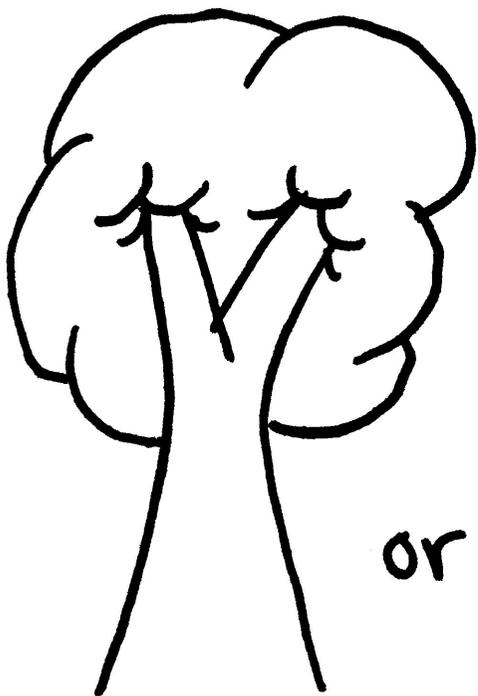
If the wind gets really strong, you can be safe by doing the following:

1. If you are outside and there is no shelter, lay down flat on the ground and protect your head with your arms and hands.
2. If you are inside a building, go to the basement. Stay away from windows and doors.
3. If there is no basement, go to the lowest level of the building. Go to a central room and stay away from windows and doors.
4. If you see the wind is getting strong, take cover right away.

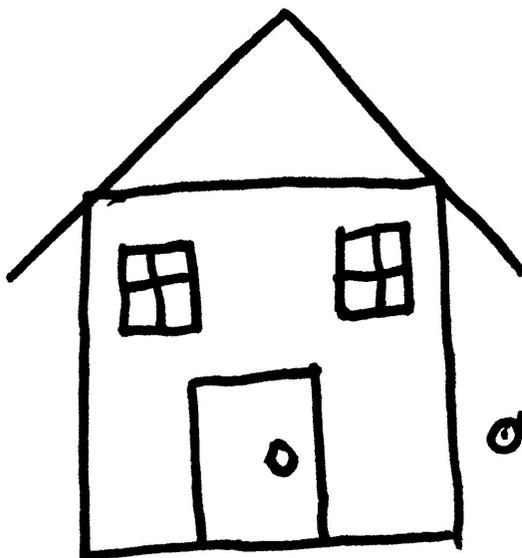
Rattle
Rattle



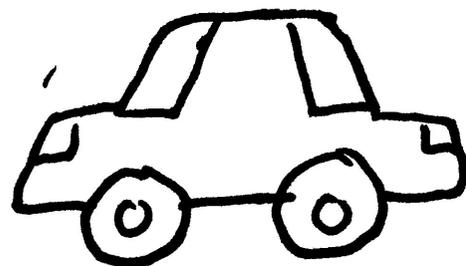
Where is the **Safest** place to hide
During a **Wind Storm**?
Colour the place that is best



or



or





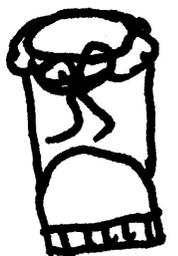
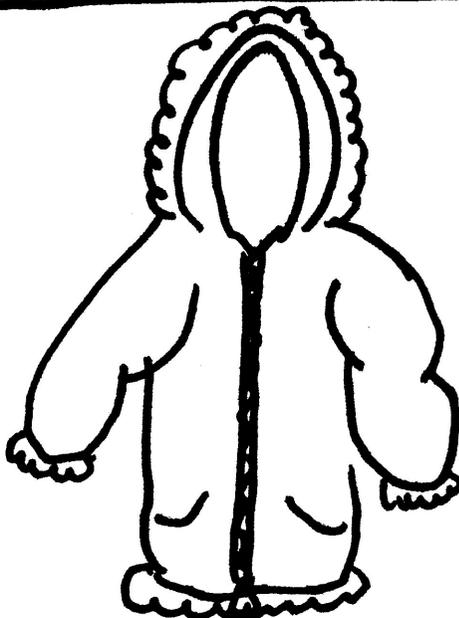
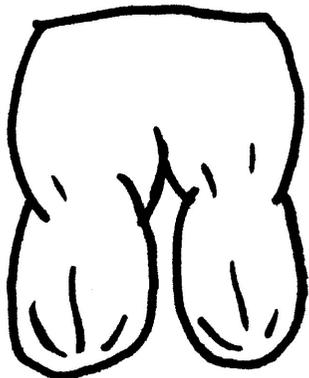
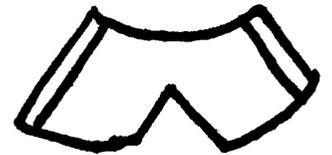
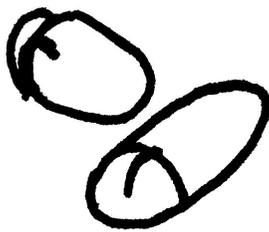
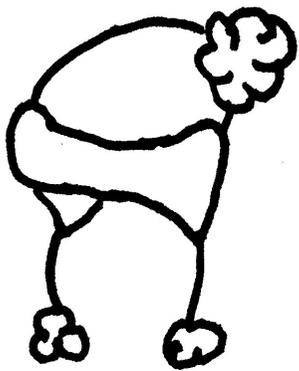
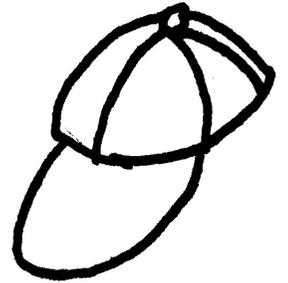
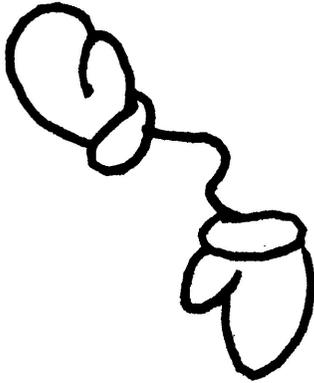
Winter Weather

Be prepared for winter weather:

1. Stay safe during a winter storm by staying inside.
2. If you go outside after a storm, dress in many layers and wear a hat and mittens.
3. Come in often for warm up breaks.
4. Go inside and change your clothes if they get wet.
5. If you feel very tired, or start to shiver, go inside.
6. If your nose, finger tips or ears feel numb or look pale, go inside and tell an adult.



Colour the right clothes to wear during the winter





Home Emergency Survival Kit

Help your parents put together the family's Emergency Survival Kit.

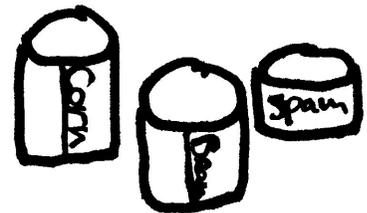
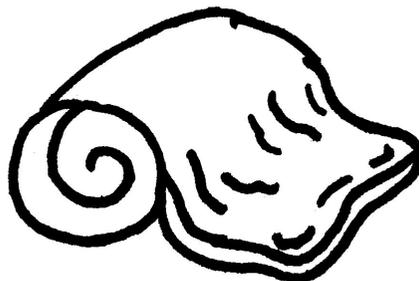
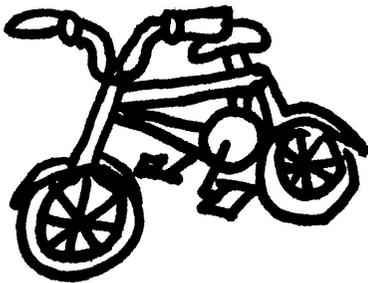
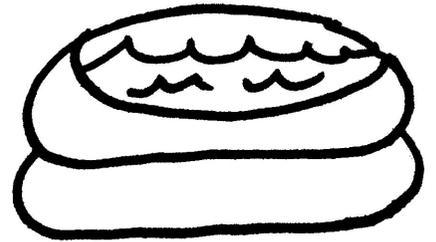
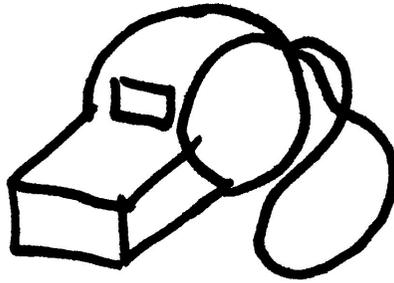
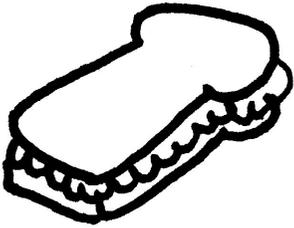
Don't forget to include supplies for your pets.

You will need enough supplies for 3 days.

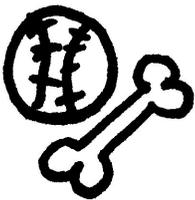
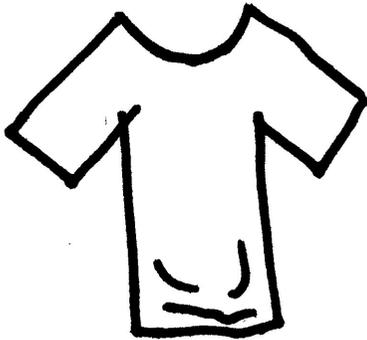
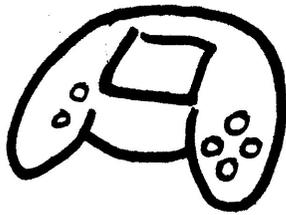
Put everything in a sturdy container and be sure that everyone in your family knows where the kit is kept.

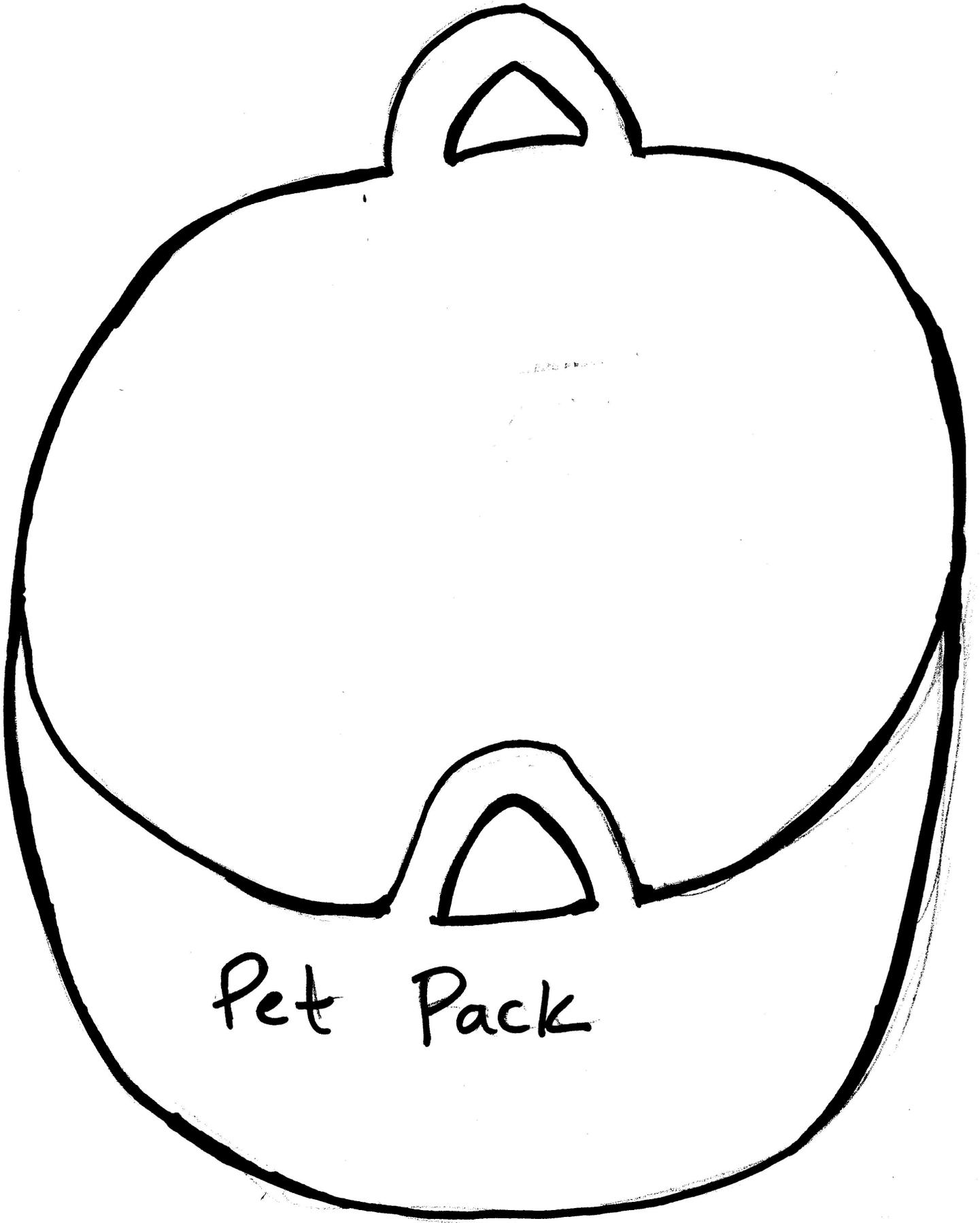
You can have your own Emergency Preparedness Kit. Keep your items in a backpack all ready to go.

Colour the right items that would belong in your Emergency Bag



Cut out the items that you would use for your pet and glue it into your Pet Pack





Pet Pack

Draw a Picture of you doing
Something to take Care of your pet



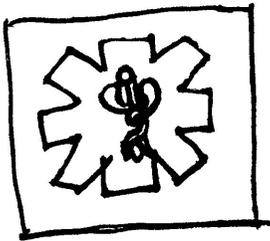
Emergency Phone Numbers

My Family Name: _____

My Phone Number: _____

My Address: _____

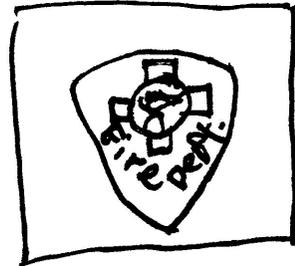
My town: _____



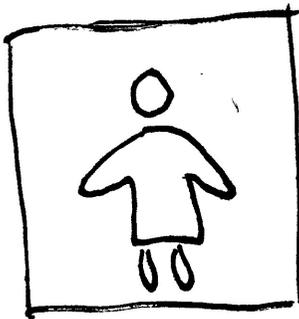
Ambulance



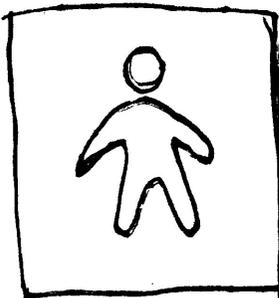
Police



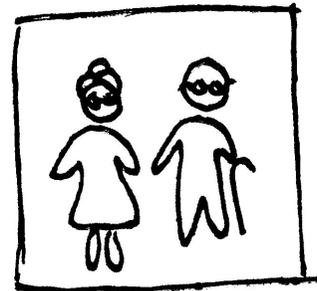
Fire Department



Mom



Dad



Grandma + Grandpa